

Bigfoot Full Iron Preliminary Results

Monday, August 10, 2009 1:06:42 PM

Overall by Distance: My First Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	278	HARPER, Ian	VANCOUVER BC	My 1st M 45-49	9:54.535	2:28.6	1	2:48.704	35:26.603	33.9	14		24:50.700	8:00.9	5	0:00.000	1:13:00	+0:00
2	321	SHORE, James	COQUITLAM BC	My 1st M 20-24	16:29.328	4:07.3	31	2:20.262	34:24.390	34.9	8	0:57.342	20:43.149	6:41.0	1	0:00.000	1:14:54	+1:54
3	346	FLORIAN, Vince		My 1st M 15-19	14:41.673	3:40.4	15	3:00.268	35:14.677	34.0	11	0:54.783	23:45.250	7:39.8	2	0:00.000	1:17:36	+4:36
4	254	BUCHAN, Lawrence	PORT MOODY BC	My 1st M 15-19	13:26.698	3:21.7	12	1:46.301	36:56.862	32.5	23	1:41.113	23:48.417	7:40.8	3	0:00.000	1:17:39	+4:39
5	285	KOLAKOWSKA, Joanna	VANCOUVER BC	My 1st F 25-29	12:40.349	3:10.1	7	2:17.103	34:31.893	34.8	9	1:01.307	28:41.715	9:15.4	22	0:00.000	1:19:12	+6:12
6	351	VIVIANO, Marco		My 1st M 25-29	15:11.575	3:47.9	20	2:29.661	35:40.693	33.6	15	2:11.103	24:14.751	7:49.3	4	0:00.000	1:19:47	+6:47
7	340	BRILLINGER, Marla		My 1st F 35-39	13:23.015	3:20.8	11	2:22.413	37:07.072	32.3	24	1:00.718	26:02.692	8:24.1	9	0:00.000	1:19:55	+6:55
8	326	STEVENS, Oliver	NORTH VANCOUVER BC	My 1st M 30-34	14:45.167	3:41.3	17	2:33.548	34:45.608	34.5	10	1:12.584	26:55.763	8:41.2	13	0:00.000	1:20:12	+7:12
9	257	CONWAY, Maggie	VANCOUVER BC	My 1st F 25-29	10:14.620	2:33.7	2	3:12.141	39:16.954	30.6	32	0:33.911	27:10.944	8:46.1	16	0:00.000	1:20:28	+7:28
10	303	NASU, Elizabeth	BURNABY BC	My 1st F 30-34	14:51.753	3:42.9	18	2:39.555	36:42.635	32.7	22		26:17.622	8:28.9	11	0:00.000	1:20:31	+7:31
11	261	DAIGNAULT, Joe	MISSION BC	My 1st M 40-44	17:16.538	4:19.1	39	3:20.958	33:03.149	36.3	6	1:38.046	25:27.183	8:12.6	7	0:00.000	1:20:45	+7:45
12	306	NORANTE, Francesco	VANCOUVER BC	My 1st M 40-44	15:17.557	3:49.4	21	2:20.641	35:49.811	33.5	19	2:05.383	26:05.352	8:25.0	10	0:00.000	1:21:38	+8:38
13	314	REGAN, John	WHITE ROCK BC	My 1st M 25-29	11:27.430	2:51.9	4	2:05.638	35:15.703	34.0	12	1:03.497	31:51.620	10:16.7	35	0:00.000	1:21:43	+8:43
14	262	DAVIDSON, Rick	VANCOUVER BC	My 1st M 30-34	16:57.107	4:14.3	33	2:39.495	36:00.916	33.3	20	1:15.607	25:18.354	8:09.8	6	0:00.000	1:22:11	+9:11
15	342	DAVIS, Tim		My 1st M 30-34	14:44.268	3:41.1	16	3:04.674	38:24.402	31.2	28	0:41.331	25:28.580	8:13.1	8	0:00.000	1:22:23	+9:23
16	332	WALL, Kerri	FERNIE BC	My 1st F 35-39	11:34.620	2:53.7	5	2:53.271	38:17.057	31.3	26	1:56.980	27:53.022	8:59.7	18	0:00.000	1:22:34	+9:34
17	328	STONES, Jordan	WHITE ROCK BC	My 1st M 35-39	13:07.354	3:16.8	9	1:37.057	38:26.489	31.2	29	1:03.329	30:16.532	9:46.0	28	0:00.000	1:24:30	+11:30
18	312	RAJISCHAN, Micheile	VANCOUVER BC	My 1st F 25-29	14:18.931	3:34.7	14	1:56.805	38:38.561	31.1	31	1:35.845	28:02.352	9:02.7	19	0:00.000	1:24:32	+11:32
19	288	LAZAR, Stephen	MISSION BC	My 1st M 40-44	15:26.535	3:51.6	22	3:24.463	35:43.484	33.6	18	2:17.586	27:42.524	8:56.3	17	0:00.000	1:24:34	+11:34
20	238	AHM, Jd	DIGGSTOWN BC	My 1st M 30-34	17:04.577	4:16.1	36	1:56.635	35:21.411	33.9	13		30:25.866	9:49.0	30	0:00.000	1:24:48	+11:48
21	344	COOPER, Katy		My 1st F 25-29	12:27.532	3:06.9	6	42:31.337	0:46.976	1,532.7	3		29:03.183	9:22.3	23	0:00.000	1:24:49	+11:49
22	251	BOND, Michelle	VANCOUVER BC	My 1st F 25-29	15:03.208	3:45.8	19	2:53.767	36:12.960	33.1	21	0:31.365	30:19.015	9:46.8	29	0:00.000	1:25:00	+12:00
23	300	MURRAY, Glenn	SURREY BC	My 1st M 35-39	18:09.235	4:32.3	44	2:53.362	38:20.673	31.3	27		27:02.760	8:43.5	14	0:00.000	1:26:26	+13:26
24	282	HORNELL, Jeff	NORTH VANCOUVER BC	My 1st M 35-39	17:16.438	4:19.1	38	4:30.883	35:41.842	33.6	17	1:04.859	28:21.104	9:08.7	20	0:00.000	1:26:55	+13:55
25	272	FURBER, Kate	VANCOUVER BC	My 1st F 35-39	13:42.547	3:25.6	13	41:31.539	0:46.365	1,552.9	2		31:07.009	10:02.3	34	0:00.000	1:27:07	+14:07
26	345	DEADY, Carolyn		My 1st F 15-19	11:04.918	2:46.2	3	2:16.818	40:44.952	29.4	40	0:36.986	33:32.865	10:49.3	47	0:00.000	1:28:16	+15:16
27	325	STEVENS, Sally	NORTH VANCOUVER BC	My 1st F 30-34	15:52.225	3:58.1	27	2:39.862	39:38.501	30.3	35	0:58.807	29:22.647	9:28.6	24	0:00.000	1:28:32	+15:32
28	256	CINNAMOND, Michael	VANCOUVER BC	My 1st M 35-39	20:06.308	5:01.6	56	4:00.820	33:58.143	35.3	7	0:40.352	30:09.254	9:43.6	27	0:00.000	1:28:54	+15:54
29	348	JAMES, Matthew		My 1st M 25-29	19:24.708	4:51.2	50	6:15.689	35:41.016	33.6	16	0:35.513	27:04.300	8:44.0	15	0:00.000	1:29:01	+16:01
30	264	DE KONING, Erika	NEW WESTMINSTER BC	My 1st F 30-34	16:27.215	4:06.8	30	3:06.430	37:25.223	32.1	25	1:32.498	30:43.775	9:54.8	31	0:00.000	1:29:15	+16:15
31	310	PRATT, Zoe	VANCOUVER BC	My 1st F 35-39	17:51.969	4:28.0	42	2:59.398	42:48.143	28.0	44	0:47.094	26:45.110	8:37.8	12	0:00.000	1:31:11	+18:11
32	259	CRUICKSHANK, Amber	VANCOUVER BC	My 1st F 30-34	15:44.856	3:56.2	26	3:10.860	40:19.447	29.8	38	1:55.172	30:06.675	9:42.8	26	0:00.000	1:31:17	+18:17
33	293	LINDQUIST, Kirstin	BURNABY BC	My 1st F 25-29	12:44.746	3:11.2	8	3:04.081	41:44.990	28.7	42	2:32.591	31:55.452	10:17.9	36	0:00.000	1:32:01	+19:01
34	309	POGOR, Heather	RICHMOND BC	My 1st F 30-34	15:43.548	3:55.9	25	3:06.902	43:37.916	27.5	46	1:15.317	29:54.224	9:38.8	25	0:00.000	1:33:37	+20:37
35	338	CAMPBELL, Karen		My 1st F 35-39	17:10.355	4:17.6	37	3:01.346	39:27.134	30.4	34	1:37.218	32:42.030	10:32.9	41	0:00.000	1:33:58	+20:58
36	224	ABERNETHY, Rebecca	PRINCE GEORGE BC	My 1st F 20-24	21:21.179	5:20.3	63	2:16.724	38:34.251	31.1	30	0:41.531	33:29.638	10:48.3	46	0:00.000	1:36:23	+23:23
37	279	HARRIS, Marty	VANCOUVER BC	My 1st M 30-34	18:21.066	4:35.3	47	4:31.898	40:36.173	29.6	39	0:49.379	32:18.320	10:25.3	37	0:00.000	1:36:36	+23:36
38	308	PATTISON, Kevin	PORT MOODY BC	My 1st M 30-34	22:50.404	5:42.6	69	4:37.486	40:02.386	30.0	37	0:37.446	28:40.995	9:15.2	21	0:00.000	1:36:48	+23:48
39	252	BORDEN, Bristol	WHITE ROCK BC	My 1st M 25-29	17:02.361	4:15.6	35	3:19.878	39:39.475	30.3	36	1:49.420	35:24.740	11:25.4	53	0:00.000	1:37:15	+24:15
40	330	VAN DER MERWE, Mic...	VANCOUVER BC	My 1st F 40-44	17:40.886	4:25.2	41	2:27.168	39:17.493	30.5	33	1:43.861	37:05.963	11:58.1	58	0:00.000	1:38:15	+25:15
41	319	SHAW, Kamila	PORT COQUITLAM BC	My 1st F 30-34			1				1		1:39:56.822	32:14.5	79	0:00.000	1:39:56	+26:56
42	336	ZACHARIAS, Benjamin	KELOWNA BC	My 1st M 30-34	17:00.765	4:15.2	34	47:29.673	1:07.721	1,063.2	4		35:16.816	11:22.8	52	0:00.000	1:40:54	+27:54

* indicates adjustments applied, see last page for details

Page: 1

© 2005-2008 Milliseconds Computer Services, LLC
801.582.3121/www.milliseconds.com

Bigfoot Full Iron

Overall by Distance: My First Triathlon Continued

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
43	329	TOBER, Belinda	MAPLE RIDGE BC	My 1st F 40-44	16:41.138	4:10.3	32	3:00.461	47:46.576	25.1	57	0:37.520	33:18.404	10:44.6	45	0:00.000	1:41:24	+28:24
44	268	FAWSON, Sarah	BURNABY BC	My 1st F 25-29	25:01.764	6:15.4	72	3:54.631	41:03.081	29.2	41	0:39.769	30:59.703	9:59.9	33	0:00.000	1:41:38	+28:38
45	318	ROSS, Nancy	MAPLE RIDGE, BC	My 1st F 40-44	13:09.287	3:17.3	10	2:38.796	49:07.769	24.4	63	0:36.934	36:21.958	11:43.9	55	0:00.000	1:41:54	+28:54
46	347	FLORIAN, Alexandra		My 1st F 15-19	18:14.217	4:33.6	45	2:58.953	48:12.678	24.9	61	0:59.683	32:22.863	10:26.7	38	0:00.000	1:42:48	+29:48
47	315	RINEHART, Katherine	PORT MOODY BC	My 1st F 30-34	18:17.145	4:34.3	46	5:52.542	46:52.933	25.6	53	1:12.689	30:55.282	9:58.5	32	0:00.000	1:42:57	+29:57
48	301	MURRAY, Beth	SURREY BC	My 1st F 35-39	18:37.778	4:39.4	48	4:14.882	46:15.465	25.9	51	0:54.676	32:55.495	10:37.3	44	0:00.000	1:42:58	+29:58
49	292	LEUNG, Peggy	VANCOUVER BC	My 1st F 30-34	19:25.420	4:51.4	51	2:45.186	46:46.682	25.6	52	1:15.718	33:49.238	10:54.6	49	0:00.000	1:44:02	+31:02
50	350	JUSTUS, Alta		My 1st F 45-49	17:29.233	4:22.3	40	5:19.975	48:10.720	24.9	60	2:08.400	32:39.226	10:32.0	40	0:00.000	1:45:47	+32:47
51	270	FLINT, Richard	LANGLEY BC	My 1st M 35-39	19:41.562	4:55.4	53	5:18.319	43:07.701	27.8	45	3:42.211	34:00.342	10:58.2	50	0:00.000	1:45:50	+32:50
52	296	MACK, Tracy	PORT MOODY BC	My 1st F 35-39	18:07.834	4:32.0	43	4:45.165	45:48.853	26.2	50	1:26.019	35:53.001	11:34.5	54	0:00.000	1:46:00	+33:00
53	334	WEEKS, Amy	VANCOUVER BC	My 1st F 30-34	21:43.082	5:25.8	65	2:06.650	42:16.315	28.4	43	1:28.845	39:19.230	12:41.0	64	0:00.000	1:46:54	+33:54
54	341	KIMURA, Ally		My 1st F 25-29	15:41.382	3:55.3	24	5:45.316	47:06.925	25.5	55	1:42.492	36:43.164	11:50.7	56	0:00.000	1:46:59	+33:59
55	246	ALLGROVE, Marlene	MERRITT BC	My 1st F 45-49	20:02.007	5:00.5	55	3:28.376	49:55.059	24.0	65	1:18.608	33:42.960	10:52.6	48	0:00.000	1:48:27	+35:27
56	322	SIMMONS, Sharon	SURREY BC	My 1st F 50-54	20:18.439	5:04.6	57	5:54.543	47:59.767	25.0	58	1:59.027	32:31.394	10:29.5	39	0:00.000	1:48:43	+35:43
57	280	HAROLD, Kathleen	QUESNEL BC	My 1st F 30-34	19:18.870	4:49.7	49	3:40.795	48:05.608	24.9	59	0:55.091	37:05.117	11:57.8	57	0:00.000	1:49:05	+36:05
58	247	AVERILL, Michael	VANCOUVER BC	My 1st M 25-29	27:31.077	6:52.8	76	4:01.806	45:02.908	26.6	47	1:18.755	32:49.047	10:35.2	43	0:00.000	1:50:43	+37:43
58	323	SISKO, Amanda	VANCOUVER BC	My 1st F 30-34	27:13.856	6:48.5	74	4:23.238	45:07.273	26.6	48	1:11.043	32:47.941	10:34.8	42	0:00.000	1:50:43	+37:43
60	317	ROSENBERG, Darcie	SURREY BC	My 1st F 35-39	21:46.279	5:26.6	67	5:15.216	2:22.501	505.3	5		34:51.986	11:14.8	51	0:00.000	1:50:52	+37:52
61	284	KEDZIORA, Bryan	MAPLE RIDGE BC	My 1st M 20-24	20:28.250	5:07.1	58	4:30.233	47:42.583	25.1	56	1:19.935	37:57.801	12:14.8	61	0:00.000	1:51:58	+38:58
62	255	BURDEN, Amy	DELTA BC	My 1st F 30-34	15:35.569	3:53.9	23	3:13.708	48:37.110	24.7	62	1:53.828	43:33.004	14:02.9	75	0:00.000	1:52:53	+39:53
63	281	HIEBERT, Jessica	VANCOUVER BC	My 1st F 25-29	24:23.783	6:05.9	71	3:52.301	45:44.079	26.2	49	3:02.882	37:44.936	12:10.6	59	0:00.000	1:54:47	+41:47
64	349	IMRIE, Leona		My 1st F 45-49	16:02.689	4:00.7	28	6:52.296	51:00.852	23.5	67	2:45.932	38:16.527	12:20.8	63	0:00.000	1:54:58	+41:58
65	320	SHAW, Christina	MAPLE RIDGE BC	My 1st F 20-24	20:37.675	5:09.4	59	4:24.801	51:54.077	23.1	68	0:55.373	38:16.305	12:20.7	62	0:00.000	1:56:08	+43:08
66	250	BELTON, Sean	NEW WESTMINSTER BC	My 1st M 11-14	21:39.635	5:24.9	64	5:59.080	49:26.350	24.3	64	1:52.822	37:55.831	12:14.1	60	0:00.000	1:56:53	+43:53
67	249	BELANGER, Elena	SURREY BC	My 1st F 25-29	21:08.357	5:17.1	62	3:11.511	52:47.788	22.7	69		40:30.119	13:03.9	67	0:00.000	1:57:37	+44:37
68	337	BURNS, Stephanie		My 1st F 20-24	21:43.691	5:25.9	66	1:32.163	53:16.426	22.5	70	0:51.435	41:32.723	13:24.1	70	0:00.000	1:58:56	+45:56
69	287	KRAMER, Pauline	AGASSIZ BC	My 1st F 40-44	21:57.698	5:29.4	68	4:25.527	50:39.212	23.7	66	1:23.981	41:44.020	13:27.7	71	0:00.000	2:00:10	+47:10
70	265	DEAKIN, Carolyn	MAPLE RIDGE BC	My 1st F 35-39	16:21.265	4:05.3	29	4:32.600	55:28.232	21.6	73	1:39.409	42:16.905	13:38.4	72	0:00.000	2:00:18	+47:18
71	266	DESROSIERS, Anne	SURREY BC	My 1st F 35-39	20:52.815	5:13.2	60	3:48.921	57:11.810	21.0	74	2:39.158	40:39.883	13:07.1	68	0:00.000	2:05:12	+52:12
72	291	LEES, Lynda	SURREY BC	My 1st F 50-54	28:05.206	7:01.3	77	9:00.457	46:55.982	25.6	54	1:35.471	40:41.232	13:07.5	69	0:00.000	2:06:18	+53:18
73	267	EAGLES, Alexis	ABBOTSFORD BC	My 1st F 40-44	20:55.564	5:13.9	61	8:22.234	54:47.693	21.9	72	1:28.931	42:30.212	13:42.6	73	0:00.000	2:08:04	+55:04
74	277	HARMS, Jeff	SURREY BC	My 1st M 25-29	19:49.788	4:57.4	54	4:13.025	1:03:25.564	18.9	77	1:11.340	39:42.912	12:48.7	66	0:00.000	2:08:22	+55:22
74	276	HARMS, Kirsten	SURREY BC	My 1st F 25-29	19:40.259	4:55.1	52	4:35.597	1:03:10.613	19.0	76	1:14.134	39:42.030	12:48.4	65	0:00.000	2:08:22	+55:22
76	324	SONTOWSKI, Kimberly	BURNABY BC	My 1st F 30-34	23:10.863	5:47.7	70	1:19.241	0:32.538	2,212.8	1	6:07.584	59:04.189	19:03.3	78	0:00.000	2:15:02	+1:02:02
77	298	MARCH, Stephanie	BC BC	My 1st F 30-34	25:28.665	6:22.2	73	5:41.372	59:07.132	20.3	75	1:45.067	43:00.895	13:52.5	74	0:00.000	2:15:03	+1:02:03
78	271	FOSTER, Nancy	LANGLEY BC	My 1st F 50-54	27:25.526	6:51.4	75	5:37.649	54:27.867	22.0	71	1:41.018	52:29.821	16:56.1	77	0:00.000	2:21:41	+1:08:41

Overall by Distance: My Next Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	343	KROLL, Jerry		My Next M 45-49	15:52.773	3:58.2	1	2:45.001	33:02.859	36.3	2	1:16.587	22:38.692	7:18.3	1	0:00.000	1:15:35	+0:00
2	313	REED, Brandon	SURREY BC	My Next M 25-29	17:11.643	4:17.9	2	43:26.596	1:08.631	1,049.1	1		34:06.659	11:00.2	2	0:00.000	1:35:53	+20:18
3	316	ROCKWELL, Terri	DELTA BC	My Next F 50-54	19:23.999	4:51.0	3	5:15.226	46:00.833	26.1	3	0:56.717	43:06.728	13:54.4	3	0:00.000	1:54:43	+39:08

* indicates adjustments applied, see last page for details