

My First/My Next Triathlon Preliminary Results

Monday, August 3, 2009 3:40:05 PM

Overall by Distance: My First Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	244	CHEYNE, Giles		My 1st M 30-34	10:59.000	2:44.8	1		36:12.000	33.1	2		1:11:06.278	22:56.2	2	0:00.000	1:11:06	+0:00
2	237	STEVENS, Sam	VANCOUVER BC	My 1st M 30-34	11:57.000	2:59.3	2		36:47.000	32.6	3		1:12:52.693	23:30.5	3	0:00.000	1:12:52	+1:46
3	230	PATERSON, Kerrie	TESLIN YT	My 1st F 30-34	15:12.000	3:48.0	11		35:55.000	33.4	1		1:18:59.620	25:28.9	4	0:00.000	1:18:59	+7:53
4	245	RANKIN, Mark		My 1st M 45-49	12:25.000	3:06.3	3		38:45.000	31.0	5		1:20:19.091	25:54.5	5	0:00.000	1:20:19	+9:13
5	243	TAYLOR-CONBOY, By...		My 1st M 20-24	15:40.000	3:55.0	13		43:15.000	27.8	11		1:23:45.059	27:01.0	6	0:00.000	1:23:45	+12:39
6	229	MAIER, Maureen	NEW WESTMINSTER BC	My 1st F 35-39	12:35.000	3:08.8	4		42:12.000	28.4	7	42:12.000	1:27:16.462	28:09.2	8	0:00.000	1:27:16	+16:10
6	231	PRATT, Erin	CALGARY AB	My 1st F 30-34	15:05.000	3:46.3	9		42:12.000	28.4	7		1:27:16.363	28:09.1	7	0:00.000	1:27:16	+16:10
8	240	WINEBRENNER, Jon	RICHMOND BC	My 1st M 35-39	14:36.000	3:39.0	8		38:40.000	31.0	4		1:29:27.205	28:51.4	9	0:00.000	1:29:27	+18:21
9	221	DOERING, Chad	LANGLEY BC	My 1st M 35-39	13:08.000	3:17.0	5		41:10.000	29.1	6		1:32:13.193	29:44.9	10	0:00.000	1:32:13	+21:07
10	210	DELMAESTRO, Adrian	VANCOUVER BC	My 1st M 25-29			1		43:15.000	27.8	11		1:34:33.994	30:30.3	11	0:00.000	1:34:33	+23:27
11	226	JENKINS, Caitlin	VANCOUVER BC	My 1st F 30-34	13:20.000	3:20.0	6		46:12.000	26.0	15		1:34:34.128	30:30.4	12	0:00.000	1:34:34	+23:28
12	196	BRAATEN, Val	ROSEDALE BC	My 1st F 40-44	1:36:48.970	24:12.2	22		42:15.000	28.4	9				1	0:00.000	1:36:48	+25:42
13	225	GUTKOWSKI, Cathy	LANGLEY BC	My 1st F 45-49	16:45.000	4:11.3	19				1		1:41:25.762	32:43.1	14	0:00.000	1:41:25	+30:19
13	236	SMITH, Lori	LANGLEY BC	My 1st F 45-49	19:11.000	4:47.8	21		45:05.000	26.6	14		1:41:25.559	32:43.1	13	0:00.000	1:41:25	+30:19
15	169	BLACKMAN, Brenda	VICTORIA BC	My 1st F 40-44	16:17.000	4:04.3	16	1:20.000	42:20.000	28.4	10		1:41:47.960	32:50.3	15	0:00.000	1:41:47	+30:41
16	227	LAIRD, Gavin	VANCOUVER BC	My 1st M 35-39	14:20.000	3:35.0	7		56:00.000	21.4	22		1:44:09.030	33:35.8	16	0:00.000	1:44:09	+33:03
17	223	GINTER, Jasmin	CHILLIWACK BC	My 1st F 30-34	16:10.000	4:02.5	15		47:10.000	25.4	16		1:44:48.350	33:48.5	17	0:00.000	1:44:48	+33:42
18	222	GERBER, Hillary	KIRKLAND WA	My 1st F 30-34			1		48:55.000	24.5	18		1:44:52.391	33:49.8	18	0:00.000	1:44:52	+33:46
19	199	BURNS, Peter	VANCOUVER BC	My 1st M 45-49	15:49.000	3:57.3	14		55:05.000	21.8	21		1:45:27.339	34:01.1	19	0:00.000	1:45:27	+34:21
20	232	REHBERG, Rachael	SEATTLE WA	My 1st F 20-24	15:10.000	3:47.5	10		47:12.000	25.4	17		1:46:59.120	34:30.7	20	0:00.000	1:46:59	+35:53
21	228	LUCENTE, Cyrus	MAPLE RIDGE BC	My 1st M 40-44	18:55.000	4:43.8	20				1		1:49:12.166	35:13.6	21	0:00.000	1:49:12	+38:06
22	242	WITOWICH, Jacqueline	VANCOUVER BC	My 1st F 30-34	16:43.000	4:10.8	18		58:15.000	20.6	24		1:49:53.532	35:26.9	22	0:00.000	1:49:53	+38:47
23	209	CEURVORST, Ryan	SEATTLE WA	My 1st M 20-24	15:35.000	3:53.8	12		58:05.000	20.7	23		1:51:18.805	35:54.5	23	0:00.000	1:51:18	+40:12
24	241	WITOWICH, Cynthia	VANCOUVER BC	My 1st F 35-39			1		59:12.000	20.3	25		2:03:20.923	39:47.4	24	0:00.000	2:03:20	+52:14

Overall by Distance: My Next Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	235	REID, Susanah	BURNABY BC	My Next F 15-19	13:40.000	3:25.0	2		49:04.000	24.5	2		1:32:42.182	29:54.3	1	0:00.000	1:32:42	+0:00
2	233	REID, Carmen	BURNABY BC	My Next F 15-19	14:36.000	3:39.0	3		56:12.000	21.4	4		1:46:28.318	34:20.7	2	0:00.000	1:46:28	+13:46
3	234	REID, Rosemary	BURNABY BC	My Next F 45-49	18:00.000	4:30.0	4		50:43.000	23.7	3		1:49:38.351	35:22.0	3	0:00.000	1:49:38	+16:56

* indicates adjustments applied, see last page for details