

My First Triathlon® **Youth Clinics**

May 1st to September 1st 2009

The My First Triathlon Youth Clinics run from 4PM – 6PM Tuesday, Wednesday and Saturday with two clinic times Morning Clinic 10 AM and 12 Noon, and Afternoon Clinic 1 PM to 3:00 PM.

The locations and clinics will be weather dependent.

Locations included for indoor clinics:

Vancouver Aquatic Center, Kits Pool, UBC Pool

Outdoor venues include:

Kits Beach, Jericho Beach, Spanish Banks West

Those wishing to compete in the My First Triathlon will have a credit equal to one day of the Youth Clinic Graduation.

Cost is \$39/week for 10 week program and includes the following:

Finishers certificate upon completion.

Free entry into the My First Triathlon for one youth and one adult.

Souvenir Training Shirt

Chance to win a trip for two to Hawaii to compete in a Sprint Triathlon.

Canada Revenue Children's Fitness Tax Credit Information

Those who sign up prior to December 31st 2008 for the Summer 2009 program will receive a tax receipt eligible for use with your 2008 income tax return.

Those who sign up after December 31st 2008 will receive a tax receipt for the 2009 tax season.