

My First/My Next Triathlon Roster 2009

My First/My Next Triathlon Roster 2009 as of July 15th 2009

FirstName	LastName	Gen	Age	City	State	Event	Event Day	Occupation	Who talked you into this?
Rebecca	Abernethy	F	22	Prince George	BC	MFT	SatAug 8th	Student	It's my own idea!
Mouland	Adriane	F	32	Meritt	BC	MFT	25-Jul		
Graham	Aikenhead	M	23	Abbotsford	BC	MFT	SatAug 15th	University Student	Self-Driven
Rhonda	Allen	F	47	Abbotsford	BC	MFT	SatJuly 25th	Purchaser - Scheduler	nobody
Jason	Allsopp	M	33	Vancouver	BC	MFT	Sun Aug 16th	Research	Me
Heather	Allyn	F	23	Vancouver BC	BC	MFT	Sun July 26th	Student	My friend Kathleen :)
Burden	Amy	F	32	Delta	BC		8-Aug		
Megan	Anderson	F	24	Vancouver	BC	MFT	SatJuly 25th	Administrative Assistant/Student	
Tanya	Anderson	F	28	Vancouver	BC	MFT	SatJuly 25th	Sales and Marketing	Many conversations with r
michelle	anderton	F	29	manchester		MFT	Sun July 26th	nurse	emma crossley
Sveen	Anne-Lise	F	39	Portland	OR	MFT	15-Aug	Grocer	
Andrea	Aragon	F	37	Portland	OR	MFT	15-Aug	Councilor	
Michelle	Baker	F	21	Surrey	BC	MFT	Sun Aug 16th	Human Resources	Colleague
Christa	Balatti	F	32	Maple Ridge	BC	MFT	Sun Aug 9th	Community Leisure Se	The devil on my left should
Andrea	Bang	F	25	Burnaby	BC	MFT	SatAug 8th		
Coates	Barb	F	34	Meritt	BC	MFT	25-Jul		
Kristin	Barrette	F	34	Richmond	BC	MFT	SatAug 15th	Insurance Broker	myself
Graham	Barron	M	41	Vancouver	BC	MXT	SatJuly 25th		
Catherine	Beerda-Basso	F	40	Maple Ridge	BC	MFT	Sun Aug 16th		
Elena	Belanger	F	28	Surrey	BC	MFT	SatAug 8th		
Sean	Belton	M	13	New Westminster	BC	MFT	8-Aug	Student	
Pierce	Ben	M	29	Williams Lake	BC	MFT	25-Aug		
Jeanette	Bergersen	F	40	Sherwood Park	AB	MFT	Sun July 26th	Book keeper	My sister
Loh	Bernard	M	58	Vancouver	BC	MFT	15-Aug		
Joanna	Bernardo	F	28	Richmond	BC	MFT	Sun Aug 16th		
Fillion	Biance	F	30	Coquitlam	BC	MFT	25-Jul		
Vaughan	Big Al	M	32	Meritt	BC	MFT	25-Jul		
Per	Bjorklund	M	47	Vancouver	BC	MFT	Sun Aug 16th		
Brenda	Blackman	F	40	Victoria	BC	MFT	Sun Aug 2nd		A so called friend"..."
Almira	Blazek-Welsh	F	39	Surrey	BC	MFT	Sun Aug 16th	Scientist	I've been wanting to do this
Zachariah	Boerner	M	28	Mission	BC	MFT	Sun July 26th		
Samantha	Bolt	F	29	west vancouver	BC	MFT	SatAug 1st		
Rebecca	Booth	F	36	Harrison Hot Springs	BC	MFT	Sun Aug 9th	Mom	My good friend Michelle
Bristol	Borden	M	27	White Rock	BC	MFT	SatAug 8th		
Josee	Boudreau	F	30	Port Coquitlam	BC	MFT	Sun July 26th		

My First/My Next Triathlon Roster 2009

Cameron	Boutin	M	34	Port Moody	BC	MFT	SatJuly 25th	Project Mgmt	Tri friends :)
Leah	Bowman	F	25	Burnaby	BC	MFT	SatAug 15th		
Sharon	Bowyer-Smyth	F	39	Vancouver	BC	MFT	Sun Aug 9th	teacher	Elizabeth Evans
V	Braaten	F	43	Rosedale	BC	MFT	Sun Aug 2nd	Admin Assistant	Jasmin
Karen	Bradley	F	29	Vancouver	BC	MFT	Sun July 26th		
Jennifer	Brennan	F	37	Delta	BC	MFT	Sun July 26th	merchandiser	no one
Jennifer	Brennan	F	31	Vancouver	BC	MFT	SatAug 8th	EAA	My co-workers!
Cuff	Brent	M	29	Maple Ridge	BC	MFT	8-Aug		
Darren	Brereton	M	47	Vancouver	BC	MFT	25-Jul		
Whitecross	Brian	M	39	Meritt	BC	MFT	25-Jul		
Allison	Brown	F	29	Vancouver	BC	MFT	Open	I'd rather not say	no one
Darrin	Brown	M	38	vancouver	BC	MFT	SatJuly 25th	Software Engineer	My crazy wife
Tyler	Brown	M	24	Vancouver	BC	MFT	SatAug 15th	Student	Myself
Paul	Bryan	M	33	Delta	BC	MFT	SatAug 15th	Personal Trainer	Myself
Jonathan	Buckley	M	27	west vancouver	BC	MFT	SatAug 1st		
Maki	Burdge	F	40	Victoria	BC	MFT	Sun Aug 16th		
Nicole	Burke	F	34	Coquitlam	BC	MFT	SatAug 1st	HR Coordinator	Myself
Stephanie	Burns	F	24	Coquitlam	BC	MFT	SatAug 15th	Legal Assistant	
leanne	Butorac	F	26	Vancouver	BC	MFT	Open	Student	No One. I heard about it ar
cheryl Camer	Cameron	F	35	Richmond	BC	MXT	SatJuly 25th	Early Childhood Educa	me
Karen	Campbell	F	36	Richmond	BC	MFT	Open	School Teacher	Myself
JOSHUA	CARAMPATANA	M	37	SURREY	BC	MFT	SatAug 15th	Accounting	Myself
Dolgopol	Cari	F	33	Meritt	BC	MXT	25-Jul		
Grant	Carlson	M	23	Williams Lake	BC	MFT	SatJuly 25th	mine engineer	co-worker
Reid	Carmen	F	17	Burnaby	BC	MXT	2-Aug		
Summerfield	Carolyn	F	38	Vancouver	BC	MFT	25-Jul		
Elizabeth	Celmainis	F	43	North Vancouver	BC	MFT	SatAug 1st	Home maker	A friend
Ryan	Ceurvorst	M	23	Seattle	WA	MFT	Sun Aug 2nd		
Angela	Charbonneau	F	33	Vancouver	BC	MFT	SatJuly 25th	Executive Assistant	ME!
Carrie	Charles	F	35	Vancouver	BC	MFT	Sun Aug 16th	hospitality manager	me
Darren	Chatten	M	36	Victoria	BC	MFT	Sun Aug 16th	Respiratory Therapist	
Vaughan	Chelsea	F	33	Meritt	BC	MFT	25-Jul		
Rhonda	Christiaens	F	34	nanaimo		MFT	Sun July 26th	Operation service rep.	Sister
Claire	Cichon	F	29	Vancouver	BC	MFT	Open	student	
Michael	Cinnamond	M	39	Vancouver	BC	MFT	SatAug 8th		
Samantha	Code	F	22	Chilliwack	BC	MFT	Sun Aug 16th	Resident Care Aid	a friend
Jonita	Colling-Holland	F	30	Eckville	AB	MFT	SatAug 15th	stay at home mom	myself--it's my 30th birthda

My First/My Next Triathlon Roster 2009

Theresa	Colquhoun	F	32	Maple Ridge	BC	MXT	SatJuly 25th		
Johainah	Condillac	F	28	Vancouver	BC	MFT	SatJuly 25th	management training	Florent Le Berre - to do it for
Kristie	Congram	F	52	Vancouver	BC	MFT	Sun July 26th		
Brad	Cook	M	33	Delta	BC	MFT	SatAug 8th	Police Officer	My Wife!!
Janette	Cooke	F	39	Vancouver	BC	MFT	SatJuly 25th		
Amanda	Coolidge	F	30	Vancouver	BC	MFT	SatJuly 25th		
Katy	Cooper	F	25	Vancouver	BC	MFT	Open	Financial Sales Repre	Myself!
Michelle	Cooper	F	40	chilliwack	BC	MFT	Sun Aug 9th	accountant	my friend
Sabine	Cooperman	F	39	Clearwater	BC	MFT	SatJuly 25th		
nicole	coupal	F	27	Kelowna	BC	MFT	Sun July 26th		
Brandi	Cowell	F	35	Mission	BC	MFT	SatAug 1st		
Chris	Cox	M	37	Port Coquitlam	BC	MFT	Sun Aug 16th	Manager@ Safeway	A friend
mary	craig	F	56	vancouver	BC	MFT	Sun Aug 16th	pilates instructor	my husband
Catherine	Craven	F	26	Vancouver	BC	MFT	SatAug 15th	GRAD STUDENT	I talked my friends into this
Christine	Cripps	F	33	Victoria	BC	MFT	Sun Aug 16th		friend
Tatiana	Crochet	F	24	Beverly Hills	CA	MFT	SatAug 1st		My sister
Caroline	Crochet	F	28	Vancouver	BC	MFT	SatAug 1st	Homemaker	Myself
emma	crossley	F	29	vancouver	BC	MFT	Sun July 26th	nurse	
Amber	Cruickshank	F	33	Vancouver	BC	MFT	SatAug 8th	Account Manager	My Friend Katy
carol	cummings	F	47	port coquitlam	BC	MXT	SatAug 1st	Financial Advisor	Friends and Famil
Zachary	Curran	M	12	Vancouver	BC	My First	Sun Aug 16th		
Joe	Daignault	M	42	Mission	BC	MFT	SatAug 8th		
Justine	Dancey	F	34	White Rock	BC	MFT	Sun Aug 16th	Flight Attendant	
Elliot	Danielle	F	39	Vancouver	BC	MFT	16-Aug		
Coates	Darden	M	39	Meritt	BC	MFT	25-Jul		
Loh	Darrell	M	16	Vancouver	BC		15-Aug		
Rick	Davidson	M	34	vancouver	BC	MFT	SatAug 8th		
Jill	Davidson	F	27	Burnaby	BC	MFT	SatAug 8th	Engineer/Marketing	myself
Chantal	Davies	F	27	Vancouver	BC	MFT	Sun July 26th	nurse	Emma
Reese	Dawes	M	26	Vancouver	BC	MFT	SatAug 15th	Enginerd	Mr T
Erika	de Koning	F	32	New Westminster	BC	MFT	SatAug 8th		
Sara	de Waal	F	19	Abbotsford	BC	My First	Sun Aug 9th	student	I've always wanted to do or
Carolyn	Deakin	F	39	Maple Ridge	BC	MFT	SatAug 8th	Admin Professional	Tricia Wagner
Nagy	Debbie	F	55	Aldergrove	BC	MFT	26-Jul		
Adrian	Del Maestro	M	29	Vancouver	BC	MFT	Sun Aug 2nd	Researcher	My old lady
Anne	Desrosiers	F	36	Surrey	BC	MFT	SatAug 8th		friends
Michael	DeVisser	M	34	Vancouver	BC	MFT	SatJuly 25th		

My First/My Next Triathlon Roster 2009

Lurene	Dillon	F	27	Merritt	BC	MFT	SatAug 15th	Police officer	Sister
Erin	Dillon	F	26	Merritt	BC	MFT	SatAug 15th	Teacher	Sister in law
Beth	Dodd	F	29	Vancouver	BC	MFT	Sun July 26th	nurse	some crazy chick i work wi
Chad	Doering	M	36	Langley	BC	MFT	Sun Aug 2nd	Manager	Friend
Shannon	Donegani	F	32	Vancouver	BC	MFT	Open		
Mike	Doyle	M	41	Aldergrove	BC	MFT	Sun July 26th		
Jennifer	Drake	F	34	West Vancouver	BC	MFT	15-Aug		
Natasha	Drury	F	34	Calgary	AB	MFT	SatJuly 25th	Registered Nurse	Myself
Chadwick	Dumaine	M	34	Aldergrove	BC	MXT	SatJuly 25th		
Andrzej	Dunajko	M	40	Surrey	BC	MFT	Sun July 26th		
Shayne	Dyrdal			Vancouver	BC	MFT	Sun July 26th	Chartered Accountant	Myself
Alexis	Eagles	F	42	Abbotsford	BC	MFT	SatAug 8th	Human Resources Co	My best bud!
Nancy	Edwards	F	54	Garibaldi Highlands	BC	MFT	Sun Aug 16th		Diana Lonergan
Brian	Edwards	M	69	Garibaldi Highlands	BC	MFT	Sun Aug 16th		
Peter	Eliuk	M	29	Vancouver	BC	MFT	Sun July 26th	Sound Engineer	My Wife
Megan	Eliuk	F	31	Vancouver	BC	MFT	Sun July 26th	Teacher	Me
Casey	Emly	F	31	Tacoma	WA	MFT	Sun Aug 16th		
Keiko	Endo	F	31	Vancouver	BC	MFT	SatAug 15th		
Michael	Erez	M	31	Vancouver	BC	MFT	Sun July 26th		
Berube	Erin	F	28	North Vancouver	BC	MFT	16-Aug		
Elizabeth	Evans	F	41	Vancouver	BC	MFT	Sun Aug 9th	Mom	Sharon Bowyer-Smyth
Blais	Evelyne	F	29	Vancouver	BC	MFT	15-Aug		
Brenda	Exner	F	35	Surrey	BC	MFT	Sun Aug 16th		
Dominique	Falls	F	23	North Vancouver	BC	MFT	SatAug 15th	Student	
Sarah	Fawson	F	25	Burnaby	BC	MFT	SatAug 8th		
Breanna	Fernie	F	30	Richmond	BC	MFT	SatJuly 25th	Telecommunications	Rosalind Bom
Aidan	Flanagan	M	37	Vancouver	BC	MFT	SatAug 15th		
Sean	Fleming	M	39	North Vancouver	BC	MFT	Sun Aug 16th		
Craig	Fleming	M	28	Vancouver	BC	MFT	SatAug 1st	Computer programme	Myself...your brochure.
Ron	Fleming	M	55	Vancouver	BC	MFT	SatAug 1st	Accountant	His son.
Colette	Flint	F	34	Langley	BC	MFT	SatAug 8th	teacher	
Richard	Flint	M	36	Langley	BC	MFT	SatAug 8th		
Shawna	Flynn	F	28	Pitt Meadows	BC	MFT	Sun July 26th		
Glen	Forrester	M	40	North Vancouver	BC	MFT	Sun Aug 16th		
Nancy	Foster	F	51	Langley	BC	MFT	SatAug 8th	mortgage broker	friend
Danielle	Fournier	F	35	Freeland	WA	MXT	SatAug 15th		
Bridget	Fox	F	57	Port Moody	BC	MFT	SatJuly 25th	Program Assistant	My kids

My First/My Next Triathlon Roster 2009

Byron	Franklin	M	29	Maple Ridge	BC	MFT	SatJuly 25th	welder	me
Tara	Franz	F	31	Squamish	BC	MFT	SatJuly 25th	Market Researcher	I DID!
Diane	Friebel	F	46	Surrey	BC	MFT	SatAug 1st		
Rick	Friesen	M	54	Abbotsford	BC	MFT	Sun Aug 16th		
Sara	Fryer	F	29	vancouver	BC	MFT	SatJuly 25th	researcher	myself
Kate	Furber	F	37	Vancouver	BC	MFT	SatAug 8th		
Ben	Gabriel	M	27	Vancouver	BC	MFT	SatJuly 25th		
Hillary	Gerber	F	30	Kirkland	WA	MFT	Sun Aug 2nd		
MacLean	Gerri	F	35	Delta	BC	MFT	16-Aug		
Emma	Gibson	F	25	Vancouver	BC	MFT	SatAug 8th	Project and Safety Co	a friend
David	Gifford	M	59	Surrey	BC	MFT	Sun July 26th	dentist	friend
Donna	Gifford	F	54	Surrey	BC	MFT	Sun July 26th	homemaker	friend
Jasmin	Ginter	F	32	Chilliwack	BC	MFT	Sun Aug 2nd		
Alycia	Goertzen	F	23	Abbotsford	BC	MFT	Sun July 26th	Customer Service Rep	a co-worker
Greg	Goertzen	M	24	Abbotsford	BC	MFT	Sun July 26th	Framer	Wife
Emma	Gosselin	F	12	surrey	BC	My First	SatAug 1st	student	uncle
Mitchell	Graham	M	51	North Vancouver	BC	MFT	SatAug 1st	student	sister Carol Cummings
Joyce	Graham	F	36	North Vancouver	BC	MFT	SatAug 1st	student	sister Carol Cummings
Amy	Grath	F	21	Delta	BC	MFT	SatAug 15th	Dispatcher	My aunt
Susanne	Gray	F	40	Vancouver	BC	MFT	SatJuly 25th	Program Director, non	myself
Megan	Gray	F	28	Vancouver	BC	MFT	SatAug 8th	Neuroendocrinology G	Rowing team-mate
Preston	Gray	M	15	Chilliwack	BC	MFT	25-Jul		
Vince	Grdina	M	36	Burnaby	BC	MFT	SatAug 15th		
Paul	Grdina	M	23	Burnaby	BC	MFT	SatAug 15th		
Gordon	Grdina	M	32	Burnaby	BC	MFT	SatAug 15th		
Michelle	Green	F	32	North Vancouver	BC	MFT	Open	teacher	friend
LORI	Green	F	28	North Vancouver	BC	MFT	Open	Teacher	Sister
Sheri	Griffin	F	32	Delta	BC	MFT	SatAug 1st	Project Manager	Co-worker
Paul	Gutheridge	M	40	Maple Ridge	BC	MFT	Sun Aug 2nd	Sales Manager	
Cathy	Gutkowski	F	45	Langley	BC	MFT	Sun Aug 2nd	Teacher	girlfriend
Jamie	Haaf	F	26	Port Moody	BC	MFT	SatAug 15th	Consultant	
Katherine	Hadley	F	28	Vancouver	BC	MFT	SatAug 8th	PET scan technologist	a giant Thermos of coffee
brian	hall	M	27	kelowna	BC	MXT	Sun July 26th		
Christina	Hamaguchi	F	30	Kamloops	BC	MFT	SatJuly 25th	Registered Nurse	me!
Colleen	Hamilton	F	26	Vancouver	BC	MFT	SatAug 15th		
Raphael	Hamm	M	39	Mission	BC	MFT	Sun Aug 16th		
Deborah	Harms	F	28	Surrey	BC	MFT	SatAug 15th	Stay at home mom	me

My First/My Next Triathlon Roster 2009

Kirsten	Harms	F	27	Surrey	BC	MFT	SatAug 8th		
Jeff	Harms	M	28	Surrey	BC	MFT	SatAug 8th		
Bianca	Hayward	F	30	Port Coquitlam	BC	MFT	SatAug 1st	Fitness Trainer	Me, myself, and I
paul	heraty	M	56	vancouver	BC	MFT	Sun Aug 16th	writer	my wife
Jessica	Hiebert	F	29	Vancouver	BC	MFT	SatAug 8th	Office Supervisor	I did.
Arlene	Hilliard	F	29	Merritt	BC	MFT	SatAug 15th		
Tara	Hluchy	F	33	Vancouver	BC	MFT	SatJuly 25th	Environmental Health Officer	
Nicky	Hoffman	F	47	Port Coquitlam	BC	MFT	SatAug 1st		Myself
Kevin	Hofstee	M	29	Vancouver	BC	MFT	SatJuly 25th	Project Manager	myself
Erika	Horwitz	F	47	Burnaby	BC	MXT	SatJuly 25th	Psychologist	myself
Cloutier	Huguette	F	57	North Vancouver	BC	MFT	26-Jul		
Felicity	Huisma	F	24	Vancouver	BC	MFT	SatAug 15th	Student	Myself
Amanda	Huizing	F	21	Abbotsford	BC	MFT	Sun Aug 9th		
Shayla	Hutchinson	F	24	New Westminster	BC	MFT	Sun Aug 16th	Chiropractic Office Asst	Myself and my boss
Hawes	Ian	M	41	Meritt	BC	MFT	25-Jul		
Karin	Jackson	F	39	Pitt Meadows	BC	MFT	SatAug 15th		
Andrew	Jackson	M	44	Pitt Meadows	BC	MFT	SatAug 15th		my wife
Matthew	James	M	26	Burnaby	BC	MFT	Open	Photographer	my broken ankle i recieved
Mclutye	James	M	26	Vancouver	BC	MFT	16-Aug		
Munro	James	M	27	Vancouver	BC	MFT	15-Aug	Engineer	
Moore	Janet	F	39	Meritt	BC	MXT	25-Jul		
Andrea	Janzen	F	47	Merritt	BC	MFT	SatAug 8th	Benefit Coordinator	A friend told me about it.
Lynch	Jefferey	M	27	Vancouver	BC	MFT	1-Aug		
Monica	Jeffers	F	32	Vancouver	BC	MXT	SatJuly 25th	interior designer	me
Whitecross	Jen	F	36	Meritt	BC	MXT	25-Jul		
Shauna	jenish	F	36	north vancouver	BC	MFT	SatJuly 25th	registered nurse	
Caitlin	Jenkins	F	0	Vancouver	BC	MFT	Sun Aug 2nd	Sport Admin	Me
Gaul	Jim	M	63	Abbosford	BC	MFT	26-Aug	Pastor/Church	
Li	Jiwei	M	34	RMD	BC	MXT	26-Jul		
Shannon	Jobbitt	F	36	Canmore	AB	MFT	Sun Aug 9th	Accounting	myself
Cooke	Jon Boy	M	29	Meritt	BC	MFT	25-Jul		
Alison	Jones	F	31	Langley	BC	MFT	Sun July 26th	Safety Advisor	Co-worker
Paul	Jones	M	28	Vancouver	BC	MFT	Sun July 26th		
Jennifer	Jones	F	29	Vancouver	BC	MFT	Sun July 26th		
Glenn	Jones	M	46	Vancouver	BC	MFT	SatAug 1st	carpenter	sister
Alexia	Karayianis	F	35	Vancouver	BC	MFT	SatJuly 25th	Registered Clinical Co	My crazy husband
Grace	Karen	F	34	Pitt Meadows	BC	MFT	15-Aug		

My First/My Next Triathlon Roster 2009

Giage	Kari	F	37	Meritt	BC	MXT	25-Jul		
Dawson	Kelly	F	40	Kamloops	BC	MFT	16-Aug		
Cooke	Keri	F	29	Meritt	BC	MFT	25-Jul		
Cindy	Kitamura	F	36	Coquitlam	BC	MFT	Sun July 26th	Ergonomist	Alison Jones, Co-worker
Lisa	Knight	F	33	Vancouver	BC	MFT	SatJuly 25th		
Joanna	Kolakowska	F	26	Vancouver	BC	MFT	SatAug 8th	intern architect	friend
Pam	Kostecki	F	48	Mission	BC	MFT	SatAug 1st		
Chad	Kowalenko	M	37	Vancouver	BC	MFT	SatJuly 25th	Sales and marketing	Girlfriend
Karlie	Kowalski	F	24	Surrey	BC	MFT	SatAug 8th	HR Assistant	Andrea Bang
Pauline	Kramer	F	44	Agassiz	BC	MFT	SatAug 8th	Special Education Ass	My friend, Sharron
Nicola	Kretz	F	27	Port Moody	BC	MFT	SatJuly 25th	Teacher	Friend
Patricia	Kretz	F	26	Vancouver	BC	MFT	SatJuly 25th		
Quiros	Krusheska	F	35	Vancouver	BC	MFT	9-Aug		
Kristin	Kula-Ngieng	F	35	Surrey	BC	MFT	Sun Aug 16th	mom/lending specialis	girlfriend
Wendy	Kursar	F	43	South Surrey	BC	MXT	SatJuly 25th	customs broker	Kari
Nancy	Kwok	F	29	Vancouver	BC	MFT	15-Aug		
Meaghan	Kyte	F	19	Delta	BC	MFT	Sun Aug 9th	Legal Administrative A	I found a brochure in the o
Gavin	Laird	M	36	Vancouver	BC	MFT	Sun Aug 2nd		
Sarah	Langford	F	23	Abbotsford	BC	MFT	SatJuly 25th	Student.	Friends.
Theresa	Lanziner	F	29	Vancouver	BC	MFT	SatJuly 25th	Owner of Cake Tease	Stacey and Hui
Maureen	Lapierre	F	48	Langley	BC	MFT	SatAug 1st		
Catherine	Larson	F	50	Victoria	BC	MFT	15-Aug		
Paul	Lavolette	M	32	Chilliwack	BC	MFT	Sun July 26th		
Todd	Law	M	45	Vancouver	BC	MFT	Sun Aug 9th	Engineer	Me
Adam	Lawrenson	M	26	vancouver	BC	MFT	SatJuly 25th	Appraiser	Friend.
Carlie	Layne			North Vancouver	BC	MFT	SatAug 15th		
Stephen	Lazar	M	41	Mission	BC	MFT	SatAug 8th	Project Manager	No-one
Florent	Le Berre	M	32	Vancouver	BC	MFT	SatJuly 25th	Consultant	Brochure at the swimming
Giarcia	Leah	F	32	Meritt	BC	MFT	25-Jul		
Tao O'Grady	Leanne	F	27	Port Coquitlam	BC	MFT	25-Jul		
Jennifer	Leask	F	32	Vancouver	BC	MFT	SatAug 8th		
Lynda	Lees	F	53	Surrey	BC	MFT	SatAug 8th	Paralegal	Friend
Angela	Lenz	F	26	Vancouver	BC	MFT	Sun Aug 9th		
Aimee	LeSage	F	41	North vancouver,	BC	MFT	SatAug 15th	parttime child care wo	friend
Peggy	Leung	F	32	Vancouver	BC	MFT	SatAug 8th		
Lisanna	Lewis	F	35	Richmond	BC	MFT	Sun Aug 9th	Accountant	Goal I set for myself
Kirstin	Lindquist	F	27	Burnaby	BC	MFT	SatAug 8th	Student	Katy Cooper

My First/My Next Triathlon Roster 2009

Cavaliere	Lisa	F	27	Meritt	BC	MFT			
Pierce	Liselle	F	29	Williams Lake	BC	MFT	25-Jul		
Jeff	Lisson	M	45	Abbotsford	BC	MFT	SatJuly 25th	Self Employed	Nobody
David	Lister	M	57	Surrey	BC	MFT	SatAug 15th		flier at the Vancouver Sun
Wayne	Little	M	40	ashcroft	BC	MFT	SatJuly 25th	copper mimer	me
Julie	Little	F	23	Richmond	BC	MFT	SatAug 15th		
Heather	Lockyer	F	31	Victoria	BC	MFT	SatAug 15th		
Diana	Lonergan	F	51	Squamish	BC	MFT	Sun Aug 16th		
David	Lonergan	M	57	Squamish	BC	MFT	Sun Aug 16th		
Lynn	Long	F	39	Chilliwack	BC	MFT	SatJuly 25th	hair stylist	Me
Derek	Lowe	M	68	Westbank	BC	MFT	Sun Aug 16th	Retired	Friends
Cyrus	Lucente	M	40	Maple Ridge	BC	MFT	Sun Aug 2nd		
Jill	Lyall	F	48	Vancouver	BC	MFT	SatAug 8th	Mom/Wife	Me
Melissa	Lyon	F	29	White Rock	BC	MFT	SatAug 8th	Social Worker	Myself :)
Lisa	MacDonald	F	38	Richmond	BC	MFT	Sun July 26th	Plan Checker	Nobody
Tracy	Mack	F	37	Port Moody	BC	MFT	SatAug 8th	Leasing Assisting	Myself
Phyllis	MacPherson	F	50	Surrey	BC	MFT	Sun Aug 9th	Bank Manager	I did - reluctantly!
Susan	MacRae	F	43	Vancouver	BC	MFT	SatAug 15th	writer/teacher	myself
Anthony	Macri	M	14	Coquitlam	BC	My First	SatAug 1st	Student	Friend
Scheidl	Madelaine	F	12	Vancouver	BC	MFT	25-Jul		
Maureen	Maier	F	37	New Westminster	BC	MFT	Sun Aug 2nd	teacher	me!
sheldon	maloff	M	30	Vancouver	BC	MFT	SatAug 15th		
Jessica	Mann	F	34	Delta	BC	MFT	SatAug 8th	Teacher	Friend
Ovellet	Marcel	M	34	Meritt	BC	MXT	25-Jul		
Stephanie	March	F	32	BC	BC	MFT	SatAug 8th	assistant controller	myself
Sharron	Martin	F	53	Rosedale	BC	MFT	SatAug 8th	Special Education Ass	Pauline
Dawn	Maurice	F	30	Aldergrove	BC	MXT	SatJuly 25th		
Edward	Mayerhofer	M	40	Vancouver	BC	MFT	SatAug 15th		
Garth	McFadden	M	49	Richmond	BC	MXT	Sun Aug 9th	Sales	
Heather	McGillvrey	F	38	Mission	BC	MFT	SatAug 1st	HR Advisor	Nicole Burke
david	mcinerney	M	24	kelowna		MXT	Sun July 26th	occupational therapist	
Willow	McIntyre	F	32	Clearwater	BC	MFT	SatJuly 25th	LPN	
Dan	McKinley	M	56	Surrey	BC	MFT	SatAug 15th	Instructor	
Teresa	McKinley	F	33	Mission	BC	MFT	SatJuly 25th	self employed	my uncle
Hanan	Merrill	M	33	Salmon Arm	BC	MFT	Sun July 26th	Clergy	Friend
Shelagh	Merrill	F	34	Salmon Arm	BC	MFT	Sun July 26th	Homemaker	Husband
Vint	Micheal	M	29	Vancouver	BC	MXT	2-Aug	ESL Tutor	

My First/My Next Triathlon Roster 2009

Michael	Mihailoff	M	32	Coquitlam	BC	MFT	SatJuly 25th		
Marisa	Mihailoff	F	29	Coquitlam	BC	MFT	SatJuly 25th		
French	Mike	M	37	Maple Ridge	BC	MFT	15-Aug		
Mouland	Mike	M	32	Meritt	BC	MFT	25-Jul		
Kiana	Mohseni	F	46	Vancouver	BC	MXT	SatAug 15th		
Jennifer	Moore	F	28	Vancouver	BC	MFT	SatJuly 25th	Admin Assistant	My friend
Clara	MorganWilson	F	30	Burnaby	BC	MFT	SatAug 1st	Student	Marika
Stephen	Morin	M	31	Vancouver	BC	MFT	Sun Aug 9th		
Stina	Morissette	F	28	Vancouver	BC	MFT	SatJuly 25th	teacher	Sarah Regan
Desiree	Mou	F	36	Vancouver	BC	MFT	SatJuly 25th	Facilitator and trainer	(My chiropractor made a job)
Raymond	Moy	M	34	Burnaby	BC	MFT	Sun Aug 9th		
Liedthke	Nancy	F	31	Canmore	AB	MFT	9-Aug	Media/Public Relations	
Heather	Nason	F	29	Vancouver	BC	MXT	SatJuly 25th		
Elizabeth	Nasu	F	34	Burnaby	BC	MFT	SatAug 8th	Teacher	Friend
Brian	Nenson	M	39	Regina	SK	MFT	Sun July 26th	teacher	freind
Jennifer	Nichol	F	30	Surrey	BC	MFT	SatAug 15th	Student	Jonita Colling-Holland
Carolyn	Nichols	F	40	surrey	BC	MFT	Sun Aug 16th		
Debra	Nicol	F	51	Coquitlam	BC	MXT	Sun July 26th	manager Xray clinic &	NO ONE! My personal ch
Lindsay	Nielsen	F	27	Vancouver	BC	MFT	SatAug 8th	Radio Sales	
Craig	Nielsen	M	39	Vancouver	BC	MFT	SatAug 8th		
melissa	niezen	F	23	chilliwack	BC	MFT	Sun Aug 16th	hairstylist	myself
Danya	Nonis	F	34	Vancouver	BC	MFT	SatJuly 25th		
Tyler	Norton	M	29	North Vancouver	BC	MFT	SatJuly 25th	Guy who does stuff	The super star that is me
jeremy	noullett	M	30	delta	BC	MFT	SatAug 1st		
adam	noullett	M	29	surrey	BC	MFT	SatAug 1st		sister
Peter	Odynsky	M	39	port moody	BC	MFT	Sun Aug 16th	recreation supervisor	co worker
Nicholas	Olver	M	22	Vancouver	BC	MFT	SatAug 15th		
Erin	O'Melinn	F	25	Vancouver	BC	MFT	SatJuly 25th	student/program mana	friend
Lori	Oostenbrug	F	39	Abbotsford	BC	MFT	Sun Aug 16th	Receptionist	Me
Nicholas	Oostenbrug	M	13	Abbotsford	BC	My First	Sun Aug 16th	Student	Mom
Mark	Orthodoxou	M	33	Port Coquitlam	BC	MFT	Sun July 26th		
Gordon	Osborn	M	50	Langley	BC	MXT	Sun Aug 16th	Director - Marketing	A friend
Chris	Ostafew	M	26	Vancouver	BC	MXT	SatAug 8th	Systems Electrical Engineer	
Sergio	Pagnanini	M	34	Burnaby	BC	MFT	SatJuly 25th	Ad Operations Manag	Jesus
Sureena	Parmar	F	31	Vancouver	BC	MFT	Sun Aug 16th	Concierge	nutritionist and trainer
Kerrie	Paterson	F	33	Teslin	YT	MFT	Sun Aug 2nd	Teacher	ME
KEVIN	PATTISON	M	33	port moody	BC	MFT	SatAug 8th	INDUSTRIAL ELECTRICIAN	ME,MYSELF AND I

My First/My Next Triathlon Roster 2009

Eleanor	Paugh	F	64	Coquitlam	BC	MXT	Sun July 26th		
Burns	Peter	M	47	Vancouver	BC	MFT	2-Aug		
Schmid	Peter	M	40	Meritt	BC	MXT	25-Jul		
Lisa	Peterson	F	42	Delta	BC	MFT	SatAug 1st		
Michelle	Picard	F	32	Pitt Meadows	BC	MFT	SatAug 15th	Family counselor	myself
Dave	Pierzchala	M	38	Vancouver	BC	MXT	Sun Aug 16th	Market Research	
Beth	Pizor	F	40	Abbotsford	BC	MFT	Sun July 26th	health field	co-worker
maddie	plottel	F	21	vancouver	BC	MFT	Sun Aug 16th	student	my friend georgia
Heather	Pogor	F	32	Richmond	BC	MFT	SatAug 8th		
luis	polanco	M	43	chilliwack	BC	MFT	SatJuly 25th		
Rosalind	Posterski	F	31	Delta	BC	MFT	SatJuly 25th	Chemist	a friend
Zoe	Pratt	F	35	Vancouver	BC	MFT	SatAug 8th	GIS Manager	Jo & Megan
Erin	Pratt	F	30	Calgary	AB	MFT	Sun Aug 2nd		
Suzy	Pruss	F	27	Burnaby	BC	MFT	SatAug 15th		
Trina	Rae	F	33	Chilliwack	BC	MFT	Sun July 26th	Peace Officer	Myself
Micheile	Rajischan	F		Vancouver	BC	MFT	25-Aug		
Terry	Rankin	F	35	Victoria	BC	MFT	Sun Aug 16th	Stay at home Mom	My aunt
Janine	Ravell	F	39	Port Coquitlam	BC	MFT	SatAug 1st	Admin Assistant	Carol Cummings
O'Neil	Rebecca	F	28	New Westminster	BC	MFT	16-Aug		
Brandon	Reed	M	25	Surrey	BC	MXT	SatAug 8th	Entrepreneur	Myself
Sarah	Regan	F	27	Vancouver	BC	MFT	SatJuly 25th	Teacher	Myself
John	Regan	M	27	White Rock	BC	MFT	SatAug 8th		
Rachael	Rehberg	F	23	Seattle	WA	MFT	Sun Aug 2nd		
Danielle	Renaud	F	21	New Westminster	BC	MFT	SatJuly 25th	Legal Admin	Co-worker
Rhonda	Renaud	F	50	Mission	BC	MFT	SatJuly 25th	Sales Rep	Daughter
Heather	Reynolds	F	28	Vancouver	BC	MFT	SatAug 15th		Friend
Jason	Reynolds	M	28	Vancouver	BC	MFT	SatAug 15th		
Deborah	Richards	F	39	Delta	BC	MFT	Sun July 26th		
Katherine	Rinehart	F	34	Port Moody	BC	MFT	SatAug 8th	Legal Administrative A	I talked others into this!
Bridie	Robson	F	46	Langley	BC	MFT	SatAug 1st	Computer Technician	myself
Deanna	Roch	F	35	Victoria	BC	MFT	Sun Aug 16th	Aquatic Programmer	Friend
Terri	Rockwell	F	51	Delta	BC	MXT	SatAug 8th		
David	Rogers	M	34	Coquitlam	BC	MFT	SatJuly 25th		
Janine	Roller	F	21	Richmond	BC	MFT	Sun July 26th	student	flyer @ grouse grind
Reid	Rosemary	F	49	Burnaby	BC	MXT	2-Aug		
Darcie	Rosenberg	F	38	Surrey	BC	MFT	SatAug 8th	Executive Assistant	My cousin
Mathew	Ross	M	30	Vancouver	BC	MFT	SatJuly 25th	Social Worker	

My First/My Next Triathlon Roster 2009

Amy	Rosychuk	F	24	Abbotsford	BC	MFT	Sun Aug 9th	Nurse	a paramedic
Andrea	Rowe	F	28	Vancouver	BC	MFT	SatJuly 25th		
Josh	Ruberg	M	24	Vancouver	BC	MFT	Sun July 26th	Senior Residential Ca	My internal masochist/pers
Sara	Ruiz	F	22	North Vancouver	BC	MFT	Sun July 26th	Nursing Student	My best friend
Larissa	Rutquist	F	35	Vancouver	BC	MFT	Sun Aug 16th	Program Analyst-Depa	My friend
JOCELYN (J)	RUTQUIST	F	60	Pitt Meadows, BC	BC	MFT	Sun Aug 16th	clerical	
Nerene	Sales	F	28	Vancouver	BC	MXT	SatAug 15th	Auditor	Friend who competed last
Anne	Sanders	F	51	Abbotsford	BC	MFT	SatAug 15th	Operations Manager	No One
Praveen	Sandhu	F	32	Vancouver	BC	MFT	8-Aug		
Graham	Sarah	F	16	Kamloops	BC	MFT	16-Aug		
Christina	Saremba	F	49	Port Coquitlam	BC	MXT	Sun July 26th	Technical trainer	My Friend
Christopher	Schuld	M	33	Vancouver	BC	MFT	SatAug 1st	Lawyer	Me
Cheryl	Schultz	F	50	Prince George	BC	MFT	Sun Aug 9th	Office Manager	My two daughters
Deanna	Schultz	F	27	Coquitlam	BC	MFT	Sun Aug 9th	teacher	no one! I talked people into
Arianne	Scott	F	23	Abbotsford	BC	MFT	Sun July 26th	CSR - Prospera Credit	a friend
Shelly-Lynne	Scott	F	42	Port Moody	BC	MXT	Sun July 26th	Human Resources Ma	I did
O'Flaherty	Sean	M	40	Meritt	BC	MFT	25-Jul		
Serena	Seibert	F	42	Richmond	BC	MFT	Sun Aug 9th	Financial Advisor	A friend
Timothy	Selby	M	27	northidge	CA	MFT	SatAug 1st	teacher	girlfriend
Williams	Shakira	F	23	Vancouver	BC	MFT	15-Aug	Stay at home mom	
Dunn	Shannon	F	40	Meritt	BC	MXT	25-Jul		
Berube	Shawn	M	30	North Vancouver	BC	MFT	16-Aug		
Renee	Sheard	F	47	New Westminster	BC	MFT	Sun July 26th		
deanna	sheridan	F	35	maple ridge	BC	MFT	Sun July 26th		friend
James	Shore	M	21	Coquitlam	BC	MFT	SatAug 8th		I DID
Chantal	Simeoni	F	35	Vancouver	BC	MFT	SatAug 1st		
Adrian	Simkins	M	36	Vancouver	BC	MFT	SatJuly 25th	Horticulturalist	no one
Sharon	Simmons	F	51	Surrey	BC	MFT	SatAug 8th	Registered Nurse	myself
Petra	Sjogren	F	33	Vancouver	BC	MXT	SatAug 15th		
Joel	Skelley	M	22	Maple Ridge		MFT	Sun Aug 16th	home maintanice	Justin Wiens
Michelle	Skibeneckyj	F	38	Vancouver	BC	MXT	SatJuly 25th	Interior Decorator	Monica Jeffers
McKeown	Sky	M	36	Meritt	BC	MXT	25-Jul		
Carol	Sliziak	F	48	Langley	BC	MXT	Sun July 26th		
Alexis-Leigh	Smith	F	23	Maple Ridge	BC	MFT	Sun July 26th		
Lori	Smith	F	49	Langley	BC	MFT	Sun Aug 2nd		
Raquel	Smither	F	38	Calgary	AB	MFT	SatAug 1st	homemaker	Heather McGillvrey
Kimberly	Sontowski	F	32	Burnaby	BC	MFT	SatAug 8th	Contract Sales Manager	

My First/My Next Triathlon Roster 2009

Connie	Spataro	F	39	Vancouver	BC	MFT	SatJuly 25th	Counsellor	My crazy friends
Karen	Spence	F	37	Coquitlam	BC	MFT	Sun July 26th		
Nicky	Stafford	F	29	Vancouver	BC	MFT	Sun Aug 16th	Sales Rep	Sureena Parmar
Kimberly	Staryk	F	21	Port Coquitlam	BC	MFT	SatAug 1st	Multi Unit Pricing Coord	No one, going at my own w
Kim	Stepo	F	40	Langley	BC	MFT	SatAug 1st	Secretary	Friend
Sam	Stevens	M	32	Vancouver	BC	MFT	Sun Aug 2nd	Naval Architect	myself
Kari	Stevenson	F	43	South Surrey	BC	MXT	SatJuly 25th	Simulation Specialist	Chicklet
Troy	Stewartt	M	38	Richmond	BC	MFT	SatAug 8th	Chef	Myself
Joe	Steyn	M	55	Vancouver	BC	MFT	SatJuly 25th	Engineer	Self
Kelly	Striemer	F	29	New Westminster	BC	MFT	SatJuly 25th		
Liz	Strom	F	38	Vancouver	BC	MFT	Sun Aug 2nd	Vice-President of Comm	Hopfully....me!
Kathleen	Strudwick	F	56	Port Coquitlam	BC	MFT	Sun Aug 16th	marriage&family Therap	my friend Teresa
Stephan	Struve	M	24	North Vancouver	BC	MFT	SatAug 15th		
Kailey	Stueck	F	27	Vancouver	BC	MFT	Sun Aug 9th		
Burkholder	Sue	F	41	Vancouver	BC	MFT	25-Jul		
Garry	Sum	M	23	North Vancouver	BC	MFT	SatJuly 25th		
Reid	Susanah	F	16	Burnaby	BC	MXT	2-Aug		
gayle	sutherland	F	54	Port Coquitlam	BC	MFT	Sun Aug 16th	provincial civil servant	friend who is competing an
Laura	Symmes	F	34	Maple Ridge	BC	MFT	Sun July 26th	Banker	I did!
Taylor	Synneva	F	38	Meritt	BC	MFT	25-Jul		
Billau	Tamara	F	39	Chilliwack	BC	MFT	26-Jul		
Sandy	Tan	M	38	Aldergrove	BC	MFT	Sun Aug 16th	Aerospace Engineer	Friend
Byron	Taylor-Conboy	M	20	Pitt Meadows	BC	MFT	SatJuly 25th		
Moore	Ted	M	39	Meritt	BC	MXT	25-Jul		
May	Tee	F	26	Richmond	BC	MFT	Sun Aug 9th		
Sandy	Teo	F	30	Vancouver	BC	MFT	SatJuly 25th		
Stockwell	Terri	F	38	Meritt	BC	MFT	25-Jul		
Darcy	Teschuk	M	38	Vancouver	BC	MFT	Sun July 26th	Glazier	
Ovellet	Theresa	F	32	Meritt	BC	MXT	25-Jul		
Michael	Thu	M	26	Burnaby	BC	MFT	SatAug 15th		
Agnes	Tieh	F	28	Vancouver	BC	MFT	SatJuly 25th	Registered Nurse	Co-worker
Campbell	Tina	F	45	Vancouver	BC	MXT	15-Aug		
Trevor	Topping	M	28	Vancouver	BC	MFT	SatAug 15th	Accountant	Me
Natalie	Tran	F	27	Vancouver	BC	MFT	Sun July 26th		
Dolgopol	Trent	M	38	Meritt	BC	MXT	25-Jul		
Damir	Tresnjo	M	36	North Vancouver	BC	MFT	SatAug 15th		
Scheidl	Trysten	M	9	Vancouver	BC	MFT	25-Jul		

My First/My Next Triathlon Roster 2009

Jennifer	Tsui	F	24	Richmond	BC	MFT	SatAug 1st		
Aleina	Tweed	F	35	Delta	BC	MFT	Sun July 26th	Public Health Manage	friend
Hamish	Tweed	M	38	Delta	BC	MFT	Sun July 26th	Corporate Trainer	friend
Rebecca	Ujlaky	F	30	Chilliwack	BC	MFT	SatJuly 25th		
Kathryn	Urquhart	F	39	Vancouver	BC	MFT	SatJuly 25th	Social Worker	I talked my friends into it!
Michelle	van der Merwe	F	40	Vancouver	BC	MFT	SatAug 8th		
Tara	Van Driel	F	27	Abbotsford	BC	MFT	Sun July 26th	care aid	i did
Murthy	Vanessa	F	28	Vancouver	BC	MFT	8-Aug		
Erin	Veitch	M	31	Vancouver	BC	MFT	Sun July 26th	Office Manager/ Barte	a so called friend :)
Angela	Visser	F	38	Abbotsford	BC	MFT	Sun Aug 9th	Registered Nurse	my husband
Scott	Visser	M	40	Abbotsford	BC	MFT	Sun Aug 9th	teacher	
Jordyn	Visser	F	14	Abbotsford	BC	My First	Sun Aug 9th	student	my parents
Lisa	Vorich	F	43	North Vancouver	BC	MFT	SatAug 15th		
Romina	Wachholz	F	26	Vancouver	BC	MFT	SatAug 15th	Youth Worker	myself
Tricia	Wagner	F	51	Maple Ridge	BC	MFT	SatAug 8th	Administrative Assista	My idea
Janelle	Wajsen	F	22	Abbotsford	BC	MFT	Sun July 26th	Self-Employed	Jim Gaul
Jane	Walker	F	67	Squamish	BC	MFT	Sun Aug 16th		
Robyn	Wallace	F	49	Vancouver	BC	MFT	SatJuly 25th	Project Manager	a friend
Kevin	Warburton	M	36	Maple Ridge	BC	MFT	SatAug 15th	Advertising Manager	Karin Jackson
Caroline	Warwick	F	30	Vancouver	BC	MFT	SatAug 8th	marketing	co-worker
Darla	Watson	F	42	North Vancouver	BC	MFT	SatAug 15th		
Breanne	Watson	F	24	Richmond	BC	MFT	Sun Aug 16th		
Duncan	Webb	M	37	Vancouver	BC	MFT	Sun July 26th		
Amy	Weeks	F	31	Vancouver	BC	MFT	SatAug 8th	Non-Profit	Martice Holland
Thomas	Weigeldt	M	45	Vancouver	BC	MFT	15-Aug		
Mark	Welsh	M	40	Surrey	BC	MFT	Sun Aug 16th	software developer	I talked my wife into it
Justin	Werb	M	32	Vancouver	BC	MFT	SatAug 15th	Lawyer	Me
Jonathan	Whitfies	M	62	Dallas	TX	MFT	16-Aug		
Justin	Wiens	M	22	Maple Ridge	BC	MFT	Sun Aug 16th	mechanic	ME
Wes	Wiklun	M	43	Edmonton	BC	MFT	SatJuly 25th	self employed IT cons	myself
Brigette	Wilkins	F	41	North Vancouver	BC	MFT	Sun July 26th	physiotherapist	a friend""
Rebecca	Wilson	F	25	Vancouver	BC	MFT	SatAug 15th	Student	Friends
Marika	Wilson	F	29	Vancouver	BC	MFT	SatAug 1st	Admin Assistant	Co-worker
Jon	Winebrenner	M	38	Richmond	BC	MFT	Sun Aug 2nd	Business Owner	Myself
Ryan	Wiskar	M	30	Port Moody	BC	MFT	SatJuly 25th	Teacher	fiance
Cynthia	Witowich	F	37	Vancouver	BC	MFT	2-Aug		
Jacqueline	Witowich	F	34	Vancouver	BC	MFT	2-Aug		

My First/My Next Triathlon Roster 2009

Becky	Wright	F	27	Nanaimo	BC	MFT	Sun July 26th	Bartender	My sister
Reagen	Wright	F	34	Vancouver	BC	MFT	SatAug 8th	Public Service	
Johnny	Yeung	M	29	Vancouver	BC	MFT	Sun Aug 16th	Chartered Accountant	Me!
Benjamin	Zacharias	M	33	Kelowna	BC	MFT	SatAug 8th		
Sylvia	Zadworny	F	48	Mission	BC	MFT	Open	nurse aide	daughter
Irene	Zainali	F	27	Delta	BC	MXT	Sun July 26th	Registered Nurse	Friend
Elaine	Zimmermann	F	35	Clearwater	BC	MFT	SatJuly 25th		