

My First/My Next Triathlon Preliminary Results

Monday, July 27, 2009 7:35:23 PM

Division: My 1st M 10 and under

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	102	SCHEIDL, Trysten	VANCOUVER BC	19:14.657	4:48.7	1	6:04.317	56:10.027	21.4	1	2:57.128	40:21.531	13:01.1	1	0:00.000	2:04:47	+0:00

Division: My 1st F 11-14

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	101	SCHEIDL, Madelaine	VANCOUVER BC	19:13.507	4:48.4	1	6:06.292	56:45.878	21.1	1	2:19.372	40:46.781	13:09.3	1	0:00.000	2:05:11	+0:00

Division: My 1st M 15-19

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	45	GRAY, Preston	CHILLIWACK BC	18:22.157	4:35.5	1	2:10.315	48:45.424	24.6	1	0:43.773	32:30.751	10:29.3	1	0:00.000	1:42:32	+0:00

Division: My 1st F 20-24

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	62	LANGFORD, Sarah	ABBOTSFORD BC	15:32.604	3:53.2	3	2:37.238	40:58.003	29.3	1		31:36.942	10:11.9	1	0:00.000	1:30:44	+0:00
2	133	RUIZ, Sara		12:55.123	3:13.8	1	2:29.042	41:30.745	28.9	2	0:42.485	39:01.157	12:35.2	3	0:00.000	1:36:38	+5:54
3	96	RENAUD, Danielle	NEW WESTMINSTER BC	13:48.440	3:27.1	2	1:17.477	57:52.529	20.7	3		37:02.779	11:57.0	2	0:00.000	1:50:01	+19:17

Division: My 1st M 20-24

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	111	SUM, Garry	NORTH VANCOUVER BC	15:16.017	3:49.0	1	3:02.166	43:59.158	27.3	1	0:42.915	28:40.209	9:14.9	1	0:00.000	1:31:40	+0:00

Division: My 1st F 25-29

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	60	KRETZ, Patricia	VANCOUVER BC	12:33.898	3:08.5	5	2:31.018	36:54.411	32.5	2		27:28.159	8:51.7	1	0:00.000	1:19:27	+0:00
2	132	FLYNN, Shauna		12:22.111	3:05.5	4	2:20.432	37:39.827	31.9	3	1:15.938	29:34.183	9:32.3	5	0:00.000	1:23:12	+3:45
3	100	ROWE, Andrea	VANCOUVER BC	14:04.146	3:31.0	9	2:20.965	38:37.331	31.1	5	1:09.532	28:10.563	9:05.3	3	0:00.000	1:24:22	+4:55
4	40	FRYER, Sara	VANCOUVER BC	14:08.871	3:32.2	10	1:58.323	35:26.320	33.9	1		32:53.942	10:36.8	11	0:00.000	1:24:27	+5:00
5	3	ANDERSON, Tanya	VANCOUVER BC	14:28.911	3:37.2	12	1:19.048	39:13.796	30.6	7	1:14.572	29:13.339	9:25.6	4	0:00.000	1:25:29	+6:02
6	75	MOORE, Jennifer	VANCOUVER BC	14:24.286	3:36.1	11	1:44.812	38:19.813	31.3	4	1:01.430	30:42.806	9:54.5	7	0:00.000	1:26:13	+6:46
7	86	OMELINN, Erin	VANCOUVER BC	11:09.346	2:47.3	2	2:17.083	41:09.379	29.2	9	1:19.643	30:35.530	9:52.1	6	0:00.000	1:26:30	+7:03
8	59	KRETZ, Nicola	PORT MOODY BC	13:19.947	3:20.0	8	2:18.991	38:52.651	30.9	6	1:22.633	32:18.257	10:25.2	9	0:00.000	1:28:12	+8:45
9	24	COOKE, Keri	MERRITT BC	13:18.508	3:19.6	7	3:04.305	40:33.055	29.6	8	0:35.519	31:59.581	10:19.2	8	0:00.000	1:29:30	+10:03
10	91	PIERCE, Liselle	WILLIAMS LAKE BC	12:04.087	3:01.0	3	2:03.092	44:17.744	27.1	10	0:31.493	33:24.300	10:46.5	12	0:00.000	1:32:20	+12:53
11	113	TAO OGRADY, Leanne	PORT COQUITLAM BC	10:49.078	2:42.3	1	3:03.390	50:32.711	23.7	17	0:45.837	27:53.367	8:59.8	2	0:00.000	1:33:04	+13:37
12	53	RHEAUME, Roselyne	BURNABY BC	12:50.990	3:12.7	6	0:57.232	45:13.013	26.5	14	0:57.241	35:19.897	11:23.8	14	0:00.000	1:35:18	+15:51
13	78	MORISSETTE, Stina	VANCOUVER BC	14:33.106	3:38.3	13	3:16.630	44:21.432	27.1	11	1:30.354	36:51.923	11:53.5	15	0:00.000	1:40:33	+21:06
13	95	REGAN, Sarah	VANCOUVER BC	14:34.765	3:38.7	14	3:14.037	44:23.548	27.0	12	1:28.517	36:52.587	11:53.7	16	0:00.000	1:40:33	+21:06
15	110	STRIEMER, Kelly	NEW WESTMINSTER BC	15:06.628	3:46.7	15	4:44.963	45:44.086	26.2	15	2:57.155	32:44.343	10:33.7	10	0:00.000	1:41:17	+21:50
16	117	TIEH, Agnes	VANCOUVER BC	20:57.783	5:14.4	17	3:32.252	44:44.178	26.8	13	0:40.259	33:41.738	10:52.2	13	0:00.000	1:43:36	+24:09
17	15	CAVALIERE, Lisa	MERRITT BC	16:26.154	4:06.5	16	2:03.595	48:20.725	24.8	16	0:33.064	43:17.552	13:57.9	17	0:00.000	1:50:41	+31:14

* indicates adjustments applied, see last page for details

My First/My Next Triathlon

Division: My 1st M 25-29

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	84	NORTON, Tyler	NORTH VANCOUVER BC	10:49.029	2:42.3	1	3:03.356	31:41.833	37.9	1	0:50.467	24:41.204	7:57.8	3	0:00.000	1:11:05	+0:00
2	41	GABRIEL, Ben	VANCOUVER BC	13:43.571	3:25.9	4	2:27.396	34:46.513	34.5	2	1:05.345	22:39.393	7:18.5	1	0:00.000	1:14:42	+3:37
3	23	COOKE, Jon Boy	MERRITT BC	13:11.079	3:17.8	3	2:53.648	35:38.150	33.7	3		24:02.743	7:45.4	2	0:00.000	1:15:45	+4:40
4	92	PIERCE, Ben	WILLIAMS LAKE BC	14:25.188	3:36.3	5	2:13.687	46:08.511	26.0	5		28:00.152	9:02.0	4	0:00.000	1:30:47	+19:42
5	38	FRANKLIN, Byron	MAPLE RIDGE BC	12:52.616	3:13.2	2	3:10.441	41:18.702	29.1	4	1:18.889	41:31.747	13:23.8	5	0:00.000	1:40:12	+29:07

Division: My 1st F 30-34

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	18	COATES, Barb	MERRITT BC	12:38.273	3:09.6	2	2:26.222	38:09.613	31.4	3	1:02.360	26:21.648	8:30.2	1	0:00.000	1:20:38	+0:00
2	16	CHARBONNEAU, Angela	VANCOUVER BC	14:34.558	3:38.6	6	1:35.551	37:14.503	32.2	2	0:43.213	28:08.047	9:04.5	2	0:00.000	1:22:15	+1:37
3	36	FILLION, Bianca	COQUITLAM BC	13:41.613	3:25.4	3	1:37.070	38:10.129	31.4	4	0:39.874	31:46.015	10:14.8	5	0:00.000	1:25:54	+5:16
4	25	COOLIDGE, Amanda	VANCOUVER BC	12:38.062	3:09.5	1	1:59.518	43:34.388	27.5	10		28:51.030	9:18.4	3	0:00.000	1:27:02	+6:24
5	80	MOULAND, Adriane	MERRITT BC	14:52.444	3:43.1	8	3:24.404	40:36.406	29.6	5	0:48.377	30:36.787	9:52.5	4	0:00.000	1:30:18	+9:40
6	39	FRANZ, Tara	SQUAMISH BC	14:12.294	3:33.1	5	1:51.956	41:21.428	29.0	6	1:11.530	32:07.796	10:21.9	6	0:00.000	1:30:45	+10:07
7	121	VAUGHAN, Chelsea	MERRITT BC	14:09.880	3:32.5	4	2:32.379	41:52.676	28.6	7	1:04.057	36:16.349	11:42.0	10	0:00.000	1:35:55	+15:17
8	57	KNIGHT, Lisa	VANCOUVER BC	14:49.490	3:42.4	7	5:06.566	42:02.081	28.6	8	1:24.950	34:22.825	11:05.4	8	0:00.000	1:37:45	+17:07
9	83	NONIS, Danya	VANCOUVER BC	16:11.863	4:03.0	10	3:46.000	42:06.350	28.5	9	1:18.811	35:14.685	11:22.2	9	0:00.000	1:38:37	+17:59
10	134	LIEW-LAFAILLE, Wei Min		20:13.838	5:03.5	12	3:47.452	49:37.053	24.2	11	0:40.093	32:35.953	10:31.0	7	0:00.000	1:46:54	+26:16
11	43	GIARCIA, Leah	MERRITT BC	16:49.895	4:12.5	11	54:13.652	1:48.725	662.2	1		43:25.981	14:00.6	12	0:00.000	1:56:18	+35:40
12	35	FERNIE, Breanna	RICHMOND BC			1				1				1	0:00.000	2:00:00	+39:22
12	94	POSTERSKI, Rosalind	DELTA BC			1				1				1	0:00.000	2:00:00	+39:22
14	116	TEO, Sandy	VANCOUVER BC	21:56.636	5:29.2	13	1:11:27.274			1		40:57.822	13:12.8	11	0:00.000	2:14:21	+53:43

Division: My 1st M 30-34

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	65	LE BERRE, Florent	VANCOUVER BC	11:41.603	2:55.4	2	1:19.037	31:46.402	37.8	1	0:55.878			1	0:00.000	1:08:20	+0:00
2	6	BOUTIN, Cameron	PORT MOODY BC	12:42.665	3:10.7	3	2:39.989	34:46.273	34.5	2	0:32.169	23:35.126	7:36.5	1	0:00.000	1:14:16	+5:56
3	126	WISKAR, Ryan	PORT MOODY BC	10:24.183	2:36.0	1	1:50.624	36:44.042	32.7	3	6:55.620	32:17.942	10:25.1	5	0:00.000	1:28:12	+19:52
4	81	MOULAND, Mike	MERRITT BC	14:22.391	3:35.6	4	2:59.742	38:58.996	30.8	4	0:38.631	31:53.291	10:17.2	4	0:00.000	1:28:53	+20:33
5	120	VAUGHAN, Big Al	MERRITT BC	14:38.270	3:39.6	5	2:17.307	44:15.139	27.1	5	0:38.956	28:21.143	9:08.8	2	0:00.000	1:30:10	+21:50
6	99	ROSS, Mathew	VANCOUVER BC	20:19.425	5:04.9	6	2:38.715	50:50.380	23.6	6		30:10.082	9:43.9	3	0:00.000	1:43:58	+35:38

Division: My 1st F 35-39

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	129	TAYLOR, Synneva	MERRITT BC	16:18.900	4:04.7	6	2:13.784	38:33.937	31.1	1	1:29.809	25:56.035	8:21.9	1	0:00.000	1:24:32	+0:00
2	22	COOKE, Janette	VANCOUVER BC	13:27.041	3:21.8	2	2:16.911	40:34.561	29.6	3	0:30.601	28:50.574	9:18.2	3	0:00.000	1:25:39	+1:07
3	68	LONG, Lynn	CHILLIWACK BC	15:01.484	3:45.4	3	2:20.548	42:40.369	28.1	4	1:35.079	26:48.193	8:38.8	2	0:00.000	1:28:25	+3:53
4	55	JENISH, Shauna	NORTH VANCOUVER BC	11:43.829	2:56.0	1	2:49.216	45:06.061	26.6	5	1:02.733	30:16.028	9:45.8	6	0:00.000	1:30:57	+6:25
5	79	MOU, Desiree	VANCOUVER BC	17:53.477	4:28.4	7	5:10.786	39:04.063	30.7	2	3:31.734	29:02.770	9:22.2	5	0:00.000	1:34:42	+10:10
6	56	KARAYIANIS, Alexia	VANCOUVER BC	15:57.424	3:59.4	4	2:46.590	49:50.084	24.1	8	1:15.342	29:02.641	9:22.1	4	0:00.000	1:38:52	+14:20
7	119	URQUHART, Kathryn	VANCOUVER BC	15:58.737	3:59.7	5	2:08.942	46:47.406	25.6	6	1:02.430	39:01.911	12:35.5	8	0:00.000	1:44:59	+20:27
8	106	SPATARO, Connie	VANCOUVER BC	21:34.997	5:23.7	9	2:54.854	47:47.117	25.1	7	0:53.976	33:14.903	10:43.5	7	0:00.000	1:46:25	+21:53
9	112	SUMMERFIELD, Carolyn	VANCOUVER BC	19:14.318	4:48.6	8	6:09.255	56:01.274	21.4	9	2:59.973	40:23.991	13:01.9	9	0:00.000	2:04:48	+40:16

* indicates adjustments applied, see last page for details

My First/My Next Triathlon

Division: My 1st M 35-39

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	58	KOWALENKO, Chad	VANCOUVER BC	12:13.815	3:03.5	1	3:11.905	30:22.272	39.5	1	0:58.256	23:05.280	7:26.9	2	0:00.000	1:09:51	+0:00
2	104	SIMKINS, Adrian	VANCOUVER BC	12:37.407	3:09.4	2	1:33.054	33:17.104	36.0	2		25:15.989	8:09.0	3	0:00.000	1:12:43	+2:52
3	19	COATES, Darren	MERRITT BC	14:26.245	3:36.6	4	3:56.881	37:07.548	32.3	4	0:43.446	22:02.846	7:06.7	1	0:00.000	1:18:16	+8:25
4	10	BROWN, Darrin	VANCOUVER BC	13:42.300	3:25.6	3	1:39.489	36:14.156	33.1	3	0:47.797	30:46.042	9:55.5	4	0:00.000	1:23:09	+13:18

Division: My 1st F 40-44

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	44	GRAY, Susanne	VANCOUVER BC			1				1				1	0:00.000	1:15:28	+0:00
2	9	BURKHOLDER, Sue	VANCOUVER BC	19:14.132	4:48.5	1	6:08.762	56:43.622	21.1	1	2:18.214	40:47.103	13:09.4	1	0:00.000	2:05:11	+49:43

Division: My 1st M 40-44

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	67	LITTLE, Wayne	ASHCROFT BC	14:48.748	3:42.2	4	2:23.376	30:36.085	39.2	1	1:05.820	24:27.730	7:53.5	1	0:00.000	1:13:21	+0:00
2	85	OFLAHERTY, Sean	MERRITT BC	13:40.569	3:25.1	3	0:51.346	34:23.053	34.9	3	1:06.742	25:43.195	8:17.8	2	0:00.000	1:15:44	+2:23
3	4	GRAY, Arnie	MERRITT BC	13:32.069	3:23.0	2	1:52.375	33:37.152	35.7	2	1:43.749	26:37.415	8:35.3	3	0:00.000	1:17:22	+4:01
4	93	POLANCO, Luis	CHILLIWACK BC	22:36.272	5:39.1	5	2:25.442	37:39.790	31.9	4	1:14.294	27:40.901	8:55.8	4	0:00.000	1:31:36	+18:15

Division: My 1st F 45-49

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	1	ALLEN, Rhonda	ABBOTSFORD BC	18:03.521	4:30.9	2	46:08.234	2:07.173	566.2	1		49:33.246	15:59.1	2	0:00.000	1:55:52	+0:00
2	122	WALLACE, Robyn	VANCOUVER BC	17:42.795	4:25.7	1	2:26.344	52:40.149	22.8	2	1:18.775	46:58.216	15:09.1	1	0:00.000	2:01:06	+5:14

Division: My 1st M 45-49

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	7	BRERETON, Darren	VANCOUVER BC	14:27.394	3:36.8	1	3:02.307	33:04.624	36.3	2	1:36.088	26:43.718	8:37.3	1	0:00.000	1:18:54	+0:00
2	66	LISSON, Jeff	ABBOTSFORD BC	18:00.156	4:30.0	2	38:57.024	2:24.766	497.4	1		28:53.224	9:19.1	2	0:00.000	1:28:15	+9:21

Division: My 1st F 50-54

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	87	OMELINN, Ann	NEW WESTMINSTER BC	21:55.783	5:28.9	2	59:00.715			1		26:54.424	8:40.8	1	0:00.000	1:47:50	+0:00
2	97	RENAUD, Rhonda	MISSION BC	16:57.420	4:14.4	1	2:32.692	51:02.952	23.5	1		39:43.881	12:49.0	2	0:00.000	1:50:16	+2:26

Division: My 1st F 55-59

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	37	FOX, Bridget	PORT MOODY BC	17:34.983	4:23.7	1	2:31.411	52:15.916	23.0	1		35:28.676	11:26.7	1	0:00.000	1:47:50	+0:00

Division: My Next F 25-29

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	82	NASON, Heather	VANCOUVER BC	17:14.954	4:18.7	1	5:02.820	47:21.096	25.3	1	1:14.003	45:12.874	14:35.1	1	0:00.000	1:56:05	+0:00

My First/My Next Triathlon

Division: My Next F 30-34

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	54	JEFFERS, Monica	VANCOUVER BC	13:46.186	3:26.5	2	2:49.118	38:29.726	31.2	1	1:35.911	29:38.543	9:33.7	1	0:00.000	1:26:07	+0:00
2	89	OVELLET, Theresa	MERITT BC	12:38.680	3:09.7	1	2:09.914	40:44.218	29.5	2		33:12.393	10:42.7	2	0:00.000	1:28:45	+2:38
3	29	DOLGOPOL, Cari	MERITT BC	19:10.159	4:47.5	3	2:56.149	50:19.434	23.9	3	0:30.857	45:02.237	14:31.7	3	0:00.000	1:57:58	+31:51

Division: My Next M 30-34

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	33	DUMAINE, Chadwick	ALDERGROVE BC	13:03.933	3:16.0	1	1:49.029	35:32.403	33.8	1		22:28.322	7:14.9	1	0:00.000	1:12:53	+0:00
2	88	OVELLET, Marcel	MERITT BC	14:56.606	3:44.2	3	1:43.355	39:36.339	30.3	2		37:34.705	12:07.3	3	0:00.000	1:33:51	+20:58
3	136	PARKS, Ian		13:53.379	3:28.3	2	2:24.713	45:28.926	26.4	3	0:45.018	32:08.629	10:22.1	2	0:00.000	1:34:40	+21:47

Division: My Next F 35-39

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	42	GIAGE, Kari	MERITT BC	11:48.529	2:57.1	1	1:44.442	33:50.732	35.5	1	0:38.260	26:51.350	8:39.8	1	0:00.000	1:14:53	+0:00
2	12	CAMERON, Cheryl Cameron	RICHMOND BC	15:30.329	3:52.6	3	2:59.721	39:56.088	30.1	2	2:33.036	29:36.630	9:33.1	2	0:00.000	1:30:35	+15:42
3	105	SKIBENECKYJ, Michelle	VANCOUVER BC	13:14.964	3:18.7	2	2:25.260	43:26.966	27.6	3	1:25.985	42:52.992	13:50.0	3	0:00.000	1:43:26	+28:33
4	76	MOORE, Janet	MERITT BC	16:22.236	4:05.6	4	3:05.149	51:53.242	23.1	4		46:38.283	15:02.7	4	0:00.000	1:57:58	+43:05

Division: My Next M 35-39

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	77	MOORE, Ted	MERITT BC	12:04.824	3:01.2	2	1:31.661	31:09.370	38.5	1	1:04.139	22:19.849	7:12.2	2	0:00.000	1:08:13	+0:00
2	71	MCKEOWN, Sky	MERITT BC	11:49.312	2:57.3	1	0:54.982	33:28.221	35.9	2		31:06.069	10:02.0	4	0:00.000	1:17:18	+9:05
3	30	DOLGOPOL, Trent	MERITT BC	12:58.415	3:14.6	3	2:58.205	38:04.070	31.5	3	1:18.938	27:11.645	8:46.3	3	0:00.000	1:22:31	+14:18

Division: My Next F 40-44

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	34	DUNN, Shannon	MERITT BC	14:23.504	3:35.9	2	2:01.866	41:25.659	29.0	2	0:44.331	30:48.326	9:56.2	1	0:00.000	1:29:23	+0:00
2	107	STEVENSON, Kari	SOUTH SURREY BC	15:41.853	3:55.5	3	2:30.832	41:24.873	29.0	1	1:21.704	32:34.981	10:30.6	2	0:00.000	1:33:34	+4:11
3	61	KURSAR, Wendy	SOUTH SURREY BC	14:09.559	3:32.4	1	2:43.478	48:27.432	24.8	3	0:48.643	38:54.503	12:33.1	3	0:00.000	1:45:03	+15:40

Division: My Next M 40-44

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	5	BARRON, Graham	VANCOUVER BC	12:07.489	3:01.9	1	0:35.359	31:04.618	38.6	1	0:58.648	23:08.038	7:27.8	1	0:00.000	1:07:54	+0:00
2	103	SCHMID, Peter	MERITT BC	16:26.586	4:06.6	2	1:41.314	39:58.350	30.0	2		30:40.992	9:53.9	2	0:00.000	1:28:47	+20:53

Division: My Next F 45-49

PL	No	Name	Representing	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/mi	PI	Penalty	Total Time	Back
1	52	HORWITZ, Erika	BURNABY BC	15:44.926	3:56.2	1	5:35.945	49:50.021	24.1	1	0:38.925	32:32.686	10:29.9	1	0:00.000	1:44:22	+0:00

* indicates adjustments applied, see last page for details