

August 14th Race Preliminary Results

Start Time: Saturday, August 14, 2010 10:00:00 AM

Sunday, August 15, 2010 9:23:22 PM

Overall by Distance: My First Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/km	PI	Penalty	Total Time	Back
1	42	HARRISON, Jamie	VANCOUVER BC CAN	My First M 35 - 39	12:16.610	3:04.2	3	2:32.931	38:15.026	31.4	1		27:33.402	5:30.7	4	0:00.000	1:20:37.9	+0:00.0
2	325	BULLIS, Andrew	LANGLEY BC CAN	My First M 25 - 29	14:51.324	3:42.8	26	0:56.133	39:45.363	30.2	6	0:15.928	30:32.322	6:06.5	8	0:00.000	1:23:50.0	+3:12.1
3	15	CHAN, Kathy	VANCOUVER BC CAN	My First F 30 - 34	12:23.935	3:06.0	4	2:20.996	41:00.451	29.3	11	0:23.448	28:09.328	5:37.9	5	0:00.000	1:24:18.1	+3:40.2
4	236	SINCLAIR, Ben	WHITE ROCK BC CAN	My First M 19 to 24	14:43.692	3:40.9	22	1:27.318	40:47.588	29.4	10	0:21.454	30:04.941	6:01.0	7	0:00.000	1:27:24.9	+6:47.0
5	326	FORBES, Thomas	RICHMOND BC CAN	My First M 45 - 49	14:42.462	3:40.6	21	2:17.091	39:57.143	30.0	7	2:01.725	30:02.053	6:00.4	6	0:00.000	1:29:00.4	+8:22.5
6	240	TULL, Crystal	RICHMOND BC CAN	My First F 25 - 29	11:08.233	2:47.1	2	2:02.254	41:12.927	29.1	12	0:22.057	34:33.159	6:54.6	16	0:00.000	1:29:18.6	+8:40.7
7	44	HEINO, Ann-marie	COQUITLAM BC CAN	My First F 30 - 34	15:06.876	3:46.7	30	1:56.444	40:28.339	29.6	8	0:48.991	30:59.835	6:12.0	9	0:00.000	1:29:20.4	+8:42.5
8	7	ANTIGNANO, Frann	VANCOUVER BC CAN	My First F 30 - 34	12:34.685	3:08.7	5	2:52.512	39:06.145	30.7	4	0:51.845	34:27.759	6:53.6	15	0:00.000	1:29:52.9	+9:15.0
9	11	BENTLEY, Tracee	SURREY BC CAN	My First F 45 - 49	15:05.520	3:46.4	29	2:12.047	39:15.816	30.6	5	0:27.943	33:03.175	6:36.6	11	0:00.000	1:30:04.5	+9:26.6
10	43	HASTIE, Katherine	VANCOUVER BC CAN	My First F 25 - 29	14:38.228	3:39.6	17	3:06.851	38:23.048	31.3	2		34:06.342	6:49.3	14	0:00.000	1:30:14.4	+9:36.5
11	22	GRACE, Rachele	VANCOUVER BC CAN	My First F 35 - 39			1				1				1	0:00.000	1:33:26.7	+12:48.8
12	49	HULA, Crystal	PORT COQUITLAM BC CAN	My First F 25 - 29	14:42.297	3:40.6	20	1:58.528	42:17.906	28.4	13	0:36.688	35:15.043	7:03.0	19	0:00.000	1:34:50.4	+14:12.5
13	313	WILLIAMSON, Mariam		My First F 45 - 49	14:37.650	3:39.4	16	3:12.258	40:45.391	29.4	9	0:38.440	35:49.996	7:10.0	20	0:00.000	1:35:03.7	+14:25.8
14	17	DRDUL, Clint	SURREY BC CAN	My First M 40 - 44	20:13.235	5:03.3	40	39:39.313			1		35:14.800	7:03.0	18	0:00.000	1:35:07.3	+14:29.4
15	318	NOVAK, Christine	QUESNEL BC CAN	My First F 25 - 29	13:53.344	3:28.3	8	2:17.820	38:50.023	30.9	3	0:50.593	41:34.702	8:18.9	33	0:00.000	1:37:26.4	+16:48.5
15	319	SMITH, Rose	QUESNEL BC CAN	My First F 25 - 29	13:51.571	3:27.9	7	2:50.117	44:28.759	27.0	16	1:05.424	35:10.550	7:02.1	17	0:00.000	1:37:26.4	+16:48.5
17	231	SAHAF-AMIN, Ayda	VANCOUVER BC CAN	My First F 25 - 29	14:30.287	3:37.6	13	5:41.027	45:27.319	26.4	18	0:56.864	31:44.529	6:20.9	10	0:00.000	1:38:20.0	+17:42.1
18	19	EVANS, Julia	VANCOUVER BC CAN	My First F 25 - 29	14:45.102	3:41.3	24	2:49.838	48:05.245	24.9	21	0:34.963	33:51.855	6:46.4	12	0:00.000	1:40:07.0	+19:29.1
18	241	WIEBE, Julianne	VANCOUVER BC CAN	My First F 25 - 29	14:34.931	3:38.7	15	2:59.062	48:05.551	24.9	22	0:34.717	33:52.766	6:46.6	13	0:00.000	1:40:07.0	+19:29.1
20	18	DUTTON, Phil	SURREY BC CAN	My First M 35 - 39	15:00.359	3:45.1	28	5:00.653	43:10.301	27.8	14	0:55.684	36:20.706	7:16.1	21	0:00.000	1:40:27.7	+19:49.8
21	321	SUOMI, Angie	SURREY BC CAN	My First F 40 - 44	14:28.577	3:37.1	12	3:26.592	45:36.230	26.3	19	1:52.983	37:45.864	7:33.2	24	0:00.000	1:43:10.2	+22:32.3
22	317	HAMM, Raphael	VANCOUVER BC CAN	My First M 40 - 44	15:27.408	3:51.9	31	6:04.426	43:52.493	27.4	15		40:35.121	8:07.0	31	0:00.000	1:45:59.4	+25:21.5
23	9	ANTONIDES, Christina	SURREY BC CAN	My First F 35 - 39	14:33.197	3:38.3	14	2:40.202	51:39.401	23.2	32	0:36.355	36:37.072	7:19.4	22	0:00.000	1:46:06.2	+25:28.3
24	76	KRUEGER, Corinne	SURREY BC CAN	My First F 45 - 49	16:49.823	4:12.5	35	2:52.634	48:20.245	24.8	23	1:11.885	37:55.834	7:35.2	25	0:00.000	1:47:10.4	+26:32.5
25	141	MARTENS, Rachel	VANCOUVER BC CAN	My First F 15 to 18	14:19.803	3:35.0	10	3:47.318	51:04.596	23.5	31	0:48.987	37:40.209	7:32.0	23	0:00.000	1:47:40.9	+27:03.0
26	322	KURTENACKER, Michelle	SURREY BC CAN	My First F 40 - 44	14:44.626	3:41.2	23	3:10.047	50:35.689	23.7	27	0:42.327	39:14.556	7:50.9	27	0:00.000	1:48:27.2	+27:49.3
27	8	ANTONIDES, Monica	SURREY BC CAN	My First F 40 - 44	14:25.416	3:36.4	11	3:24.537	51:00.769	23.5	30	0:37.785	39:43.538	7:56.7	29	0:00.000	1:49:12.0	+28:34.1
28	152	ORMROD, Sandra	KAMLOOPS BC CAN	My First F 40 - 44	11:05.325	2:46.3	1	7:44.105	49:25.370	24.3	24	2:01.277	40:03.843	8:00.8	30	0:00.000	1:50:19.9	+29:42.0
29	232	SAHAF-AMIN, Laila	VANCOUVER BC CAN	My First F 19 to 24	15:48.444	3:57.1	32	4:53.943	44:54.124	26.7	17	0:41.738	0:04.303	0:00.9	1	0:00.000	1:50:28.0	+29:50.1
30	16	COATES, Jacquie	KAMLOOPS BC CAN	My First F 35 - 39	14:39.064	3:39.8	18	4:09.349	50:06.964	23.9	26	1:37.798	40:58.948	8:11.8	32	0:00.000	1:51:32.1	+30:54.2
31	314	BRADLEY, Arlene	DELTA BC CAN	My First F 50 - 54	16:03.933	4:01.0	33	3:06.168			1	49:09.924	43:54.329	8:46.9	35	0:00.000	1:52:14.3	+31:36.4
32	154	PAQUETTE, Danielle	BURNABY BC CAN	My First F 25 - 29	14:48.506	3:42.1	25	3:17.062	56:12.580	21.4	36	0:50.717	39:24.481	7:52.9	28	0:00.000	1:54:33.3	+33:55.4
33	60	KLEIN, Sara	VANCOUVER BC CAN	My First F 25 - 29	14:01.160	3:30.3	9	3:18.128	51:43.586	23.2	33	1:23.763	44:37.442	8:55.5	38	0:00.000	1:55:04.0	+34:26.1
34	237	SLEEMAN, Susan	RICHMOND BC CAN	My First F 25 - 29	16:30.866	4:07.7	34	0:07.515			1		2:02.680	0:24.5	2	0:00.000	1:55:11.4	+34:33.5
35	235	SHIRGIRI, Nikou	VANCOUVER BC CAN	My First F 25 - 29	14:57.810	3:44.5	27	5:59.674	55:40.531	21.6	35	1:10.817	38:23.051	7:40.6	26	0:00.000	1:56:11.8	+35:33.9
36	10	BENNETT, Jami	VANCOUVER BC CAN	My First F 30 - 34	21:18.885	5:19.7	42	3:09.330	46:44.863	25.7	20	3:36.314	43:37.428	8:43.5	34	0:00.000	1:58:26.8	+37:48.9
37	89	LUSK, Christie	NORTH VANCOUVER BC ...	My First F 35 - 39	13:33.139	3:23.3	6	6:07.094	50:43.988	23.6	29	1:06.972	47:15.165	9:27.0	39	0:00.000	1:58:46.3	+38:08.4
38	150	NETTING, Autumn	VANCOUVER BC CAN	My First F 35 - 39	17:24.363	4:21.1	36	2:15.749	50:42.435	23.7	28	1:08.772	47:15.191	9:27.0	40	0:00.000	1:58:46.5	+38:08.6
39	153	ORMROD, Tawni	KAMLOOPS BC CAN	My First F 19 to 24	14:39.164	3:39.8	19	4:08.868	49:59.814	24.0	25	1:44.527	50:07.955	10:01.6	42	0:00.000	2:00:40.3	+40:02.4
40	242	WOODBURY, Kate	VANCOUVER BC CAN	My First F 30 - 34	22:33.707	5:38.4	43	3:32.124	55:02.683	21.8	34	0:07.837	3:16.232	0:39.2	3	0:00.000	2:14:09.4	+53:31.5

* indicates adjustments applied, see last page for details

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August 14th Race

Overall by Distance: My First Triathlon Continued

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/km	PI	Penalty	Total Time	Back
41	324	GEORGE, Helena	SURREY BC CAN	My First F 45 - 49	26:41.552	6:40.4	44	13:13.648	1:00:06.816	20.0	38	1:36.471	44:32.112	8:54.4	37	0:00.000	2:26:10.5	+1:05:32.6
42	323	MARTIN, Leslie	PORT COQUITLAM CAN	My First F 40 - 44	35:12.389	8:48.1	45	4:43.871	1:00:03.787	20.0	37	1:38.169	54:05.466	10:49.1	43	0:00.000	2:35:43.6	+1:15:05.7
43	234	SEREDA, Melanie	DELTA BC CAN	My First F 25 - 29	17:57.375	4:29.3	37	5:25.893	1:06:01.108	18.2	39	1:33.216	1:07:18.026	13:27.6	47	0:00.000	2:38:15.6	+1:17:37.7
44	320	DRUMMOND, Shannon	COQUITLAM BC CAN	My First F 45 - 49	21:18.021	5:19.5	41	4:08.027	1:07:59.299	17.6	40	1:33.300	1:03:52.678	12:46.5	46	0:00.000	2:38:51.3	+1:18:13.4
45	316	KENNEDY, Elizabeth		My First F 15 and under	19:56.383	4:59.1	38	4:33.538	1:17:17.055	15.5	42	1:23.759	59:26.041	11:53.2	44	0:00.000	2:42:36.7	+1:21:58.8
46	315	KENNEDY, Chis	WEST VANCOUVER BC CAN	My First M 35 - 39	19:56.908	4:59.2	39	4:42.970	1:17:10.783	15.6	41	1:19.730	59:26.702	11:53.3	45	0:00.000	2:42:37.0	+1:21:59.1

Overall by Distance: My Next Triathlon

PI	No	Name	Representing	Division	Swim	min/100m	PI	T1	Bike	KPH	PI	T2	Run	min/km	PI	Penalty	Total Time	Back
1	239	THRIFT, Erin	VANCOUVER NB CAN	My Next F 30 - 34	12:35.497	3:08.9	1	1:26.048	36:59.265	32.4	1	0:19.493	25:49.987	5:10.0	1	0:00.000	1:17:10.2	+0:00.0
2	14	KAUFMANN, Carmen	NORTH VANCOUVER BC ...	My Next F 40 - 44	14:46.374	3:41.6	2	1:00.545	39:15.851	30.6	2	0:54.779	33:50.543	6:46.1	2	0:00.000	1:29:14.8	+12:04.6
3	21	FRIESEN, Rick	ABBOTSFORD BC CAN	My Next M 55 - 59	17:16.977	4:19.2	3	4:08.419	42:01.573	28.6	3	0:45.876	43:49.399	8:45.9	3	0:00.000	1:48:02.2	+30:52.0

* indicates adjustments applied, see last page for details